

CAPITOL  
RIDERS



OLYMPIA, WA.

# HOOFBEATS

## SEPTEMBER 2013

Next meeting September 3rd 7 pm  
Karen (Coffee), Connie (Treats)



The next general meeting is scheduled for September 3rd, 7 pm at the Littlerock firehall on Littlerock Road.

Karen Johnson may have your BCHW Store items. If you ordered anything and gave her money at the June meeting, come pick them up or make other arrangements. Karen's phone is 360-273-8075 or email at KJRJATPRAIRIERIM@aol.com. (I know she has my cookbook.)

No one has stepped forward yet to take over the duties of chapter treasurer. Please consider filling this very important position.

And start thinking about nominees for chapter officers for next year. In October we take nominees and come November we vote on them. This is President Laura's second year and she is looking for time off.

Jeff LaBreck is once again (for the last time) asking members for their volunteer hours. From Jeff:

I need any and all Volunteer Hours that were worked from Oct 1, 2012 to Sep 30, 2013. I must have them turned in to BCHW by Oct 1, 2013. If you will be doing work in Sept either estimate what it will be or turn in the actual figures prior to Sept 30.



What I need from you is:

1. Date work done and where it was done (include land manager, trail name-number)
2. Preparation time (sharpening saw, loading tools, etc, include stock handling)
3. Putting things away once back home (include stock handling)
4. Travel time and mileage (this is travel both ways)
5. Time working (type of work - brushing, grade repair, saw work, etc)
6. Power tools or equipment used (how long were they

used)

7. Stock used (how long were they used)

Thank you for your timely handling of this important matter.

Jeff LaBreck

Volunteer Hours Coordinator  
wildhorses@scattercreek.com

Might I suggest you also provide your volunteer miles and save Jeff the work of figuring them out on his own (with phone calls to you.)

You can find the proper paperwork in the members area of the web site. If you have problems getting in please let me know. Chris, cenrico@comcast.net or 360-459-4759.

Why submit your hours and miles? The information helps BCHW in discussions with land managers, the Legislature and even Congress when we go asking for trail funding. Showing them what we do carries a LOT of weight and we as an organization are highly respected because of it.



The chapter is considering holding joint work parties with the Scattercreek chapter. Seems we have the same problem - getting enough folks out on the trails. Come to the meeting and find out more.

Fall is here and we have a few scheduled chapter rides left to go before the snow hits. Green Mountain (Bremerton) on 8/31, Keenes Horse Camp 9/5 thru 8, and the second Capitol Forest Equine Courtesy Day on 9/21. And of course feel free to just get out there and RIDE!

Our Director Karen Johnson is currently working on a grant request in order to obtain a brush cutter for the chapter. Any grant writers out



## Currently Scheduled Events - partial for 2013

### August

31 - Green Mountain day ride 11 am ride out (Bremerton)

### September

3 - General Meeting Littlerock fire hall 7 pm, date tentative

5-8 - Keenes Horse Camp campout (Randle)

21 - BCHW Director's meeting, Ellensburg

21 - Capitol Forest - Equestrian Courtesy Day - Fall Creek Camp

26 - DNR User meeting 6 pm, 801 88th Ave Tumwater

28 - National Public Lands Day work party Capitol Forest

### October

1 - General Meeting Littlerock fire hall 7 pm

26 - National Mule Day

### November

5 - General Meeting Littlerock fire hall 7 pm

21 - DNR User meeting 6 pm, 801 88th Ave Tumwater

30 - Capitol Forest closes to Horses (Equine Loop open)

there willing to assist? Mostly it's boilerplate.

Washington State Trails Caucus

For those considering going to the Washington State Trails Caucus (Sept 13th Wenatchee), below is the agenda. Our own Jason Ridlon will cover progress on restoring trails around Ken Wilcox Horse Camp. Also in addition to PNTA and WTA, the state agencies will give updates. We have reason to believe that DNR will discuss the future of the AFLC lands in Teanaway.

Fifteen bucks including lunch. What a deal.

Jeff Chapman - BCHW Public Lands Committee Chair

More info at <http://washingtonstatetrailscoalition.org/2013-washington-state-trails-caucus/>

Agenda (subject to change)

10 a.m. – Welcome from Washington State Trails Coalition

10:15 a.m. – Wenatchee: Partnerships for Urban & Rural Trails

From the far-reaching Foothills Trail serving bicycles, equestrians and hikers to the pedestrian and active-transportation Apple Loop, Wenatchee is the nexus for a growing trail system. Hear from some of the partners who are making the trail system work.

10:45 a.m. - State of Trails Show & Tell

5 fast-paced presentations will paint a picture of what's happening across the state – each speaker gets five minutes and 20 slides to share a trail-related project. Presentations will include:

Restoration of Table Mountain: Last year's Table Mountain fire destroyed much of the area's recreation infrastructure. Learn how volunteers and the U.S. Forest Service are combining efforts to restore this incredible place. Presented by Cle Elum District of Okanogan-Wenatchee NF & Backcountry Horsemen of Washington.

Snoqualmie Corridor Recreation Plan: The Department of Natural Resources convened 17 citizen stakeholder repre-

representatives for a collaborative recreation planning process for 53,000 acres of state trust lands and natural areas in the Snoqualmie Corridor. Get a sneak peak into the process and plans to come for the Snoqualmie Corridor from Laura Cooper and Doug McClelland of the Washington DNR.

**Greater Columbia Water Trail Project:** Skip Johnson from the Wenatchee Row & Paddle Club will introduce the ongoing effort to establish the Greater Columbia Water Trail, a network of public boat launches and camping sites that extends from Kettle Falls to the Tri Cities on the mighty Columbia River.

**Pacific Northwest National Scenic Trail:** From Cape Alava on the Pacific Coast to Glacier National Park on the Continental Divide, the Pacific Northwest National Scenic Trail spans 1,200 incredible miles. Learn how the Washington-based Pacific Northwest Trail Association is using innovative strategies to engage communities along the trail and complete the vision for this monumental long-distance trail.

**20 Years of Trail Maintenance:** Washington Trails Association's trail maintenance program turns 20 years old this year. What's the secret to WTA's success and what does the future hold?

11:30 a.m. – Trails & the Washington State Parks Transformation Strategy

Washington State Parks recently released a transformation strategy for how the agency will adapt to an ever-changing funding landscape. What does this mean for our network of statewide trails managed by State Parks? Nikki Fields, State Parks Planner, will share the agency's vision for the years to come.

12:00 p.m. – Lunch (provided)

1:00 p.m. – Statewide Trails Planning Updates from the Recreation & Conservation Office

Hear the latest from the Washington Recreation and Conservation Office about the recently completed Statewide Comprehensive Outdoor Recreation Plan (SCORP) and the current update of the Nonhighway Off-road Vehicle Access (NOVA) plan and Statewide Trails Plan from Sarah Gage and Nona Snell of RCO.

1:30 p.m. – Recreation Update from the Washington Department of Natural Resources

Hear the latest about the Department of Natural Resources' recreation program.

2:00 p.m. - Facilitated Breakout Sessions: Visioning for Washington State Trails Coalition

Washington State Trails Coalition exists to help foster a healthy, robust and diverse trail network throughout the state. We accomplish this primarily by hosting our bi-annual State Trails Conference. We want to hear from you – the Washington State trails community – how we can better meet our mission. During this session, we will break into small groups and circulate among several stations where facilitators will record your ideas and visions for the 2014 statewide conference as well as the future of WSTC as an organization.

3:00 p.m. - Caucus Concludes

3:30 – 5:00 p.m. – Optional Field Trip to Saddle Rock Natural Area

Join Chelan-Douglas Land Trust staff for a visit to the local Saddle Rock Natural Area, a popular, multiple-use recreation site for Wenatchee Valley residents. The area is a great example of a strong partnership to provide for recreational access and conservation, and it is in a transition phase under new ownership as managers begin to address a comprehensive trail and trailhead system that meets the needs of all users and adjoining neighbors.

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Contact: Peg Greiwe

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**Back Country Horsemen of America Announces New Chairman**

By Sarah Wynne Jackson

Back Country Horsemen of America has been keeping horses on America's trails for 40 years. An organization that began with a handful of members in one western state has spread clear across the nation to include 26 states, 11 of which are east of the Mississippi. It seems fitting that the new Chairman in their 40th year is Jim McGarvey, a horseman from Calhoun, Georgia, BCHA's first Chairman from east of the Rocky Mountains.

**A Track Record of Success**

He comes to Back Country Horsemen of America as an accomplished businessman. As co-founder and CEO of

BenchMark Consulting International, Jim built “the smallest company with the biggest clients in the world.” Its fifty professionals specialized in bank operations consulting to major financial institutions on six continents, identifying and implementing world class best practices. These clients included 48 of the 50 largest U.S. banks and the lending arms of the 15 largest automakers and other industrial corporations. After twenty years, BenchMark Consulting International was acquired in August of 2000.

Jim served as Executive Director of Auction America Corporation, which grew to be the second largest antique automobile auction company in America, with over a dozen auctions annually across the United States. At age 28, he helped put the company together from scratch, managing day to day operations including advertising, financial settlements, event preparation, and buyer-seller satisfaction. The company even held a thousand car auction in Los Angeles that was recorded for television. Auction America, one of whose important shareholders was Russ Jackson, is now part of the historical development of the Barrett-Jackson Auctions as seen on the Speed Channel.

### One of Their Own

A trail rider for the last three decades, Jim also takes his new position with a wealth of leadership experience in Back Country Horsemen of America. It began when he became a founding member and Vice President of Back Country Horsemen of North Georgia and, in the following year, took on the role of President. With the help of BCHA leadership and alongside numerous trail riding organizations, he led a several months-long effort of positive discussions with the US Forest Supervisor to reinstate cross-country access to horses in the one-million acre Chattahoochee-Oconee National Forest.

Jim then became Chairman of Back Country Horsemen of Georgia, and then served two years as a member of the Back Country Horsemen of America Executive Committee. These progressive leadership roles give Jim a unique understanding of BCHA as a national service organization whose goals benefit individual equestrians.

### Plan for a Bright Future

Working with the BCHA Executive Committee, Jim has outlined a plan for moving BCHA into new expanding accomplishments in the next 40 years. This year, Back Country Horsemen of America has over 13,000 members, the highest in the history of the organization. Jim wants to see that number continue to climb. Along with more members, he expects an increase in BCHA’s already astounding contribution of volunteer work.

But it takes more than fixing trails and removing fallen trees to keep horses on our public lands. Equestrians need to work with the US Forest Service, speak with our congressmen, coordinate with land managers, team up with other trail groups, and attend planning meetings to be sure horses are included. BCH folks across the country already do this extensively in many ways, and Jim encourages members to step up their efforts on the local, state, and national levels.

Back Country Horsemen of America groups boast some very skilled crews who spend their own money on equipment, fuel, and travel to put their expertise to work maintaining trails for the benefit of all trail users. BCHA’s new Chairman recognizes that those skills are becoming more valuable as federal and state budgets shrink. It would be easier but far too costly to deliver workers and equipment by helicopter to the remote areas that need maintenance. The ability to pack equipment and materials on horses is sometimes the only way in areas where motorized vehicles are prohibited. Jim wants to see more members learning those skills, adding to the skills they already have, and putting them to use where our trails are in most need of repair.

Jim’s plan also includes spreading the word about how Back Country Horsemen of America works for you, and for every individual who enjoys our beautiful land by horseback. It’s hard to believe, but there are still horse folks who haven’t heard of BCHA and all the ways they’re keeping horses on trails from coast to coast. Back Country Horsemen of America extends an invitation to equestrians across the nation to join them in protecting our right to ride horses on public lands.

## About Back Country Horsemen of America

BCHA proudly welcomes Jim McGarvey as new Chairman and looks forward to achieving new accomplishments under his leadership.

BCHA is a non-profit corporation made up of state organizations, affiliates, and at-large members. Their efforts have brought about positive changes regarding the use of horses and stock in the wilderness and public lands.

If you want to know more about Back Country Horsemen of America or become a member, visit their website: [www.backcountryhorse.com](http://www.backcountryhorse.com); call 888-893-5161; or write PO Box 1367, Graham, WA 98338-1367. The future of horse use on public lands is in our hands!

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Captiol Riders Meeting Minutes  
Littlerock Fire hall  
August 6, 2013

Vice president Peggy Tucker called the meeting to order at 7:00 pm. President, Secretary and Treasurer not in attendance.

June minutes approved.

Treasurer Traci Koch was not present for a report. Because Traci will not be available as treasurer in 2014 volunteers for a replacement treasurer were solicited.

Work Parties: Karen Johnson mentioned that she will email the membership for some dates to clean trails from Mima trail head up to trail #10. Jeff said that he would do the manure bins with his truck.

Safety Patrols in Capitol Forest: Carrie Russell was not in attendance to provide a report.

Chapter rides:

The ride at Indian Camp (Teaway) was cancelled due to smoke from the wildfire in the Ellensburg area. In its place, a decision was made to go to Green River Horse Camp.

Beach ride on August 10th: Beverly Court was the only one showing interest.

Camp trips: Les Hilde (Sedro-Woolley) August 22-25: Diana Gundersen announced that those wanting to join this ride need to contact Carrie Russell. Currently, Diana, Carrie & Barry Russell and Dean & Susan Hartman have committed to this ride.

August 31st is a day ride at Green Mountain/Belfair.

Report on rides: Diana Gundersen gave a report on the camp and trails. Several members attended and enjoyed the trip.

Peggy Tucker reported on a Lewis & Clark State Park ride - 4 and 8 mile loops. Peggy said the terrain was pretty flat. Connie Bailey reported on her trip to Nehalem Bay Oregon Horse Camp. She reported that it has corrals as well as nice showers and rest rooms. Reservations are needed from Oregon State Parks in advance. Campsite fee is \$19/day. It requires reservations 9 months prior with full non-refundable payment. There are 17 horse camp sites. Each site has 2 corrals. Water near by, and campfire rings.

Work Parties: Our adopted Capitol Forest Campground Trail is very brushy and needs attention. Mima Campground manure bins need to be cleaned as well as the campground itself. Karen will send out possible dates for members to choose from to get the work done.

#### DIRECTORS REPORT:

1. BCHW will help sponsor the BCHA booth at the National Finals Rodeo/Rocky Mtn.Christmas held in Reno Dec. 3-5. The purpose of the booth is to interest sponsors for BCHA. BCHW chapters are encouraged to donate to BCHA to help pay for the booth expenses.
2. There will be a \$5 increase in BCHA dues beginning in Jan. 2014. Details will be in the October issue of the Trailhead News.
3. Raffle Calendars: Capitol Riders voted to purchase 100 2014 calendars. They are available now and Karen picked up 50 at the June meeting. She will pick up another 50 at the September meeting. We will owe BCHW \$2000 for the calendars (\$20 each) which can be paid for later. Raffle tickets will NOT be mailed in this year. They will be collected by Karen who will deliver them to BCHW. This is to avoid loss of any in the mail.
4. The BCHW store made \$2231 in profit for 2012. Cookbook sales and other items are helping to raise \$\$ for BCHW's expenses.
5. The Wine Ride will be held on October 26 this year. Chapters can volunteer to help with the ride and will receive a % of the proceeds (\$10,000 in 2012). BCHW receives 80%, BCHA receives 10%, and BCHW Chapters receive 10% divided by the number of volunteers that help. Many volunteers are needed for this, so it's a good way for chapters to earn funding.
6. Rendezvous 2012 made \$13,552 in profit. (Rendezvous is a very big expense for BCHW so this is good!!) Volunteers are needed to help plan for March 14-15, 2014. What do you want to see for 2014?? Training, Clinics, Tack sale, displays, etc.
7. Our BCHW Executive Director, Darrell Wallace, said that our RCO grant will be funding four trail projects already planned; however, chapters may submit applications for trail tools and personal protective equipment (PPE). (I would like to see our chapter apply for a bladed brush cutter and PPE for it. Could someone volunteer to apply for this please?) Please contact Karen or Jeff for information on this.
8. Membership chairman, Heather Mooreman reminded us that new BCHW members and renewing members must personally sign the BCHW membership form each year. Please remember to do that when you renew.
9. Additional items and more details about the BCHW BOD meeting will be emailed out to you soon.

Jeff LaBreck needs volunteer hours turned in the first of September by our next meeting. Jeff stated that he will not be doing the volunteer hours next year

Good of the Order: CJ Buri brought 100 horse books for sale. Passed around a list of books available.

September meeting – Coffee – Karen, Treats - Connie

Meeting adjourned 8:00 pm

Karen Johnson and Connie Bailey

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BCHW Board of Directors Meeting  
6/22/2013  
Ellensburg, WA-Kittitas Valley Event Center

#### Officer and Committee Reports

1. Ways and Means Committee: Dave Swanberg The 2014 calendars were ready for pickup. The calendar expenses are \$8144 + \$6300 for cash prizes= \$14,444. If all are sold in 2014 the net to BCHW will be \$15,556.  
Changes for 2014: The calendars will be purchased by the chapter and checks made out to the chapter. The chapter will then send ONE check to BCHW. The calendar cards will be collected by the chapter and sent in all together. VIP cal-

endars: Chapters must submit a list of names to BCHW President Bob Gish for calendars that they will be donating to. 200 Calendars are reserved for Legislative Day.

2. Rendezvous Committee: Lori Lennox and Jason Ridlon. Lori and Jason are willing to head up the committee for one more year. They need volunteer help for the 2014 Rendezvous (March 14-16). They asked what do we want for 2014 Rondo? Chapters need to submit ideas for this. The tack sale was successful and made \$1200 for BCHW. Do we want to make it bigger and invite local 4-H groups or other groups?
  3. Education Committee: Tryg Culp. A. Saw certification: BCHW has 107 certified sawyers. There are 20 saw certifiers on the west side of WA. B. Safety: An accident happened while doing trail work in Lewis Co. It resulted in a concussion since the person had removed a helmet. Crew bosses must follow work party job hazard directions. Any injury must be immediately reported to the USFS, WDNR, WDFW or forest headquarters as well as BCHW President, VP, and Executive Director.
  4. LNT: Jane Byrum No report
  5. BCHA 2013 National Board Meeting- BCHA will have a booth in Las Vegas at the National Finals Rodeo/Cowboy Christmas/Rocky Mtn Elk Foundation "Camp" held Dec.3-5, 2013. The purpose is to interest sponsors in support of BCHA. Our representatives to the National Board Meeting donated \$200 toward supporting the booth. Motion: BCHW will reimburse our representatives for their donations to BCHA for this event. Passed. Chapters are encouraged to donate to BCHA for the booth expenditure. Send checks to Teri Starke, Treasurer, marked with "for 2013 Las Vegas expenses."
  6. BCHA Dues Increase: \$5 had been approved and passed by BCHW previously. Motion: BCHW dues for singles and families will increase by \$5 effective 1/14. Contributing members will increase to \$75 and Sustaining members will increase to \$125. Passed.
  7. Public Lands Committee: Jeff Chapman. A. MOU (Memorandum of Understanding) between BCHA and the Partnership for the 21st Century Conservation Service Corps (P-21CSC). Who are they? Participants are key federal, state, and local non-profit leaders and stakeholders of the 21CSC. The goal is to engage 100,000 young people and veterans/year in conservation service. The purpose of the MOU is to document cooperation between the parties to facilitate the planning and execution of mutually beneficial projects and activities related to 21 CSC in partnership with BCHA to preserve, maintain, and improve recreational trails on public lands. Motion: That BCHW will adopt the resolution to support P-21CSC. Passed. B. DIS Re: Pasayten are 2 appeals, one from WOGA (Wa.Outfitters/Guides Ass'n) and one from Wild Watch. Motion: BCHW will submit letters in support of the current decision on the Pasayten DIS. Passed. C. Trails classification: BCHA/BCHW need to decide how to deal with keeping trail standards that will accommodate height, weight, and width for all users. D. BCHW needs a nominating committee for representatives to the 2014 September BCHA BOD meeting.
  8. BCHW Store: Lori Lennox: The profit for 2012 was \$2,231. Motion: BCHW will increase funding for buying store items to \$3500 for 2013. Passed. Discussion was held on chapters selling chapter merchandise with the BCHW logo on it. Motion: The BCHW logo should be registered with the state of Washington. Passed.
  9. Wine Ride-Dave Jackson. The ride will be held again (October 26, 13). They need chapter volunteers to help. Each chapter that sends volunteers will get a share of the profit. (\$10,000 2012). BCHW gets 80%, BCHA gets 10%, and participating chapters get 10% according to the number of volunteers. Email Dave Jackson or Darrell Wallace to sign up.
  10. Executive Director Report-Darrell Wallace. BCHW may have the RCO grant money by July 1. There are four projects already approved but chapters may submit applications for equipment to do trail maintenance.
  11. Unfinished Business
- Wilcox Horse Camp (Haney Meadow) rebuild project- Jason Ridlon. Donations for the road/trail/ bridge restoration totaled \$3048. He also received a \$500 hay donation for the July 4 work party and \$200 in cash. The work party campground will be Lion Rock. Volunteers will need personal protective equipment: helmet, long pants, long sleeved shirt, gloves, and boots.

#### New Business

Trailhead News Calendar Policy-Lori Lennox. Each chapter is allowed 2 ads/year for fund raising purposes.

Mt. Rainier National Park Access: A BCHW member sent a proposal to Directors for supporting horseback access to MRNP. Motion: Move to Public Lands Committee. Report back at the Sept. BOD meeting. Passed.

PCTA (Pac. Crest Trail Ass'n) Agreement: Any chapter working on the PCT should have a representative to PCTA

meetings.

Good of the Order:

Membership Chairman, Heather Mooreman, reminded us that new and renewing members need to SIGN membership forms every year.

The meeting was adjourned.

Karen Johnson  
Director  
Capitol Riders Chapter

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Betty Crocker

## Breakfast Bake (crowd Size)

Ringin' the breakfast bell has never been easier! Enjoy all the traditional tastes of breakfast in one easy bake.

- 2 packages (12 oz each) bulk pork sausage
- 1 medium bell pepper, chopped (1 cup)
- 1 medium onion, chopped (1/2 cup)
- 3 cups frozen hash brown potatoes
- 2 cups shredded Cheddar cheese (8 oz)
- 1 cup Original Bisquick® mix
- 2 cups milk
- 1/4 teaspoon pepper
- 4 eggs



### Servings/Yield

12 servings

### Method

Heat oven to 400°F. Grease rectangular baking dish, 13x9x2 inches. Cook sausage, bell pepper and onion in 10-inch skillet over medium heat, stirring occasionally, until sausage is no longer pink; drain. Stir together sausage mixture, potatoes and 1 1/2 cups of the cheese in baking dish.

Stir Bisquick mix, milk, pepper and eggs until blended. Pour into baking dish.

Bake uncovered 40 to 45 minutes or until knife inserted in center comes out clean. Sprinkle with remaining cheese. Bake 1 to 2 minutes longer or just until cheese is melted. Cool 5 minutes.

### Notes

If you'd rather make a smaller recipe using a 9-inch pie plate, cut all ingredient amounts in half and bake 30 to 35 minutes.

### Time

- Prep: 20 Minutes
- Total Time: 1 Hour 10 Minutes

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