

Hoofbeats



Volume 5, Issue 9
September 2008

August 12, 2008 Meeting Minutes

The meeting was called to order by Ed Haefliger, President, at 7:06 m. There were 9 members and 2 guests present at the Little Rock Firehouse on Little Rock Road. Welcome to Donna and Bob Bacon.

Minutes of the Last Meeting: Ed Haefliger asked that if all the attendees read the minutes of the June meeting as published in Hoofbeats. Ed then made a motion to accept the minutes as published. This was done and seconded.

Resolved: The minutes of the June 10, 2008, meeting were approved.

Treasurer's Report: Lee Munroe presented the Treasurer's Report. After some effort on her part and with the help of other Chapters', Lee was able to get the necessary BCHW paperwork to open the accounts. Lee noted that the last check to BCHW took 3 months to clear the account. Jeff agreed to bring this issue to the September Director's meeting.

Director's Report: Jeff LaBreck did not attend the Director's meeting in June in Cle Elum so there was no Director's Report. The membership strongly urges someone to offer to step up to the position of Director so they can attend the September and December

Director meetings with Jeff. If anyone is interested, please contact one of the officers.

Trail Maintenance and Hoofprints program: Jeff and Scruff have been in Capitol Forest coping with the devil's club along the trails. While no other trail maintenance work parties are scheduled at this time, Jeff noted that the poop bins at Mima are full and assistance is needed to remove the manure. Jeff will contact the Park crew to determine the next steps.

There are 18 paid members participating in this year's HoofPrints program. Remember, you can use any mileage except arena or your own fields. It costs \$5 to participate and Tack Room II offers a \$15 gift certificate once you turn in your miles. The mileage is used as documentation of trail use.

Jeff has a full set of Cowboy Maps that he will sell for \$150. There are a total of 16 maps. He won these at the auction at Jubilee and is selling them for less than he paid for them. If anyone is interested, please contact Jeff...

Activities and Greeting: Although Karen wasn't at the meeting, Ritz Duchesne provided an update the upcoming ocean ride. Due to several

requests from members, it was agreed that this would take place on Wednesday, August 27th. This will be a day ride and the club will go to either Ocean Acres or The Ride West. Additional information will be available via the email distribution...

Hoofbeats: While Cindy wasn't there, the members agreed that the interview with Jeff was a great article. If anyone is interested in becoming a club reporter or has an article for the newsletter, please contact Cindy at horsehair-ranch@comcast.net or 273-3216.

Ways & Means: The topic of the yard sale was tabled for now.

Historian: No update

Website: No update

Grievance Committee: This was developed as a short term committee to address questions and concerns by members. In the 4 months since its inception, no issues have been brought before the committee. Therefore, this committee is being disbanded.

Education: No update

Nominating & Awards Committee: No update

Old Business:

Capitol Riders' By-Laws: No update at this time.

Inside this issue:

8-12-2008 Meeting Minutes	1,2
Interview with HorsePower!	2
Advertisements	3
Upcoming Events	3
Dental Clinic Schedule	3
Last Minute Fort Lewis Call List	3
Meeting Schedule	6

PRESIDENT

Ed Haefliger
(360) 427-4297

VICE PRESIDENT

Jim Munroe
(360) 866-1790

DIRECTOR

Jeff LaBreck
(360) 264-7901

ASSISTANT DIRECTORS

Karen Johnson
(360) 273-8075
Traci Koch
(360) 427-1499

SECRETARY

Ritz Duchesne
(360) 438-1805

TREASURER

Lee Munroe
(360) 866-1790

HOOFBEATS EDITOR

Cindy Holden

Continued next page...

HorsePower! Therapeutic Riding Program by Mark Holden

While Mark was at the Thurston County Fair, he had the opportunity to interview Jessica Rector with HorsePower!

"Riding Beyond Limits" is the motto at HorsePower!, a local therapeutic riding program. HorsePower! gives children with special needs a safe place to enjoy equine activities. Therapeutic riding is a well known and proven treatment strategy for people with many conditions including: developmental delay, autism, cerebral palsy, Down syndrome, ADHD, learning and speech disabilities, and language and hearing impairments. Children that are able to ride enjoy increased social and physical wellbeing. This increases their feeling of personal achievement and independence.

HorsePower! started in 2000 at Radio Ranch, in Olympia's northeast area. Jill Daniel, a speech therapist, and a friend

founded HorsePower!. They were assisted by several parents and educators. They were all looking for a new way to reach the children they were working with. Jill is currently assisted by Executive Director Anne Kirske, barn manager Michell Anctil, and volunteer coordinator Jessica Rector. Most of you know their secretary, Capitol Rider's own **Nancy Garred**.

Horses are very good therapists. They accept the children as they are. While riding, the children increase their confidence and gain a feeling of independence. The child's body responds the horse's gait, which is similar to a healthy human walk. This is very beneficial for the child, and difficult to recreate without a horse. The children can improve balance and coordination. Mentally, the children often increase concentration and memory, as well as improve their ability to problem solve.

Each child has one riding lesson per week,

with a session lasting seven weeks. Children take lessons in groups of two or three, grouped with similar riders. The lesson last for 50 minutes. The children also groom and tack the horses. During a lesson the child is assisted by three trained volunteers-one to lead the horse, and one walking on each side of the horse.

HorsePower! is a 501(c)(3) non-profit organization and depends on volunteer assistance, contributions and program tuition. They rely heavily on volunteers, mostly in the classes since each session needs at least three volunteers per rider. If you think you might want to give HorsePower! a hand, or just want to learn more about them, check out their website,

www.horsepowerolympia.org

(continued from page 1) August 12, 2008 Meeting Minutes

VIP Ride: Ritz provided an update on the success of the VIP ride held on July 19th at Fall Creek. There were 13 VIP's and each VIP had a wrangler. Thanks to Steve & Emma Russell for loaning 4 helmets. Ritz was pleased that all VIPs except Doug Sutherland wore a helmet for the ride. Dutch oven cooking by Traci Koch and JD Saylor fed all in attendance. Al Halvorson and Andy Bales provided entertainment following lunch. All riders, wranglers and other helpers enjoyed a beautiful day.

Equine Dental Clinics: The date for last dental clinic will be November 15th. Slots are full. If you want to be put on a waiting list, please contact Ritz at horselover.ritz@yahoo.com or 360-438-1805. A schedule is printed in this month's Hoof Beats.

Secretary: Karen Johnson has graciously agreed to take minutes of the chapter meetings for the remainder of 2008 while Ritz attends the University of Washington at Tacoma. Ritz will continue to manage the email distribution list.

Radios: There are still two sets of radios that are unclaimed. If you ordered a radio and have not yet picked it up, please contact Ritz at 438-1805. There

were two suggestions on what to do with the radios if they remain unclaimed. Ritz suggested that they be donated to Washington State Animal Response Team since three members of Capitol Riders have become credentialed with this team. Joyce suggested that Capitol Riders donate these to BCHW for next year's auction. Further discussion will take place at the September 9th meeting.

Audit Committee: Ed suggested and the attending members agreed that the chapter needs to have a list of all assets owned by the chapter. Jeff has many tools at his house that Joyce Nelson had taken care of for some time. Joyce will look to see if she still has a list of items.

In addition, we are still trying to locate the sign that the Chapter purchased regarding the Washington Statute for horse usage. This sign was intended to use at trail rides and related chapter events. It is in a large mailing envelope. Please look through your supplies of tack and equipment to see if you have it. If you find it, please contact Jeff.

New Business:

Director for 2009: Ed Haefliger discussed the need to find someone to become the chapter's director for 2009. Jeff has been committed to this position for the past four years. The effort needed for this role is significant in order to keep the

chapter up to date on the issues before the Board as well as to bring chapter issues to the Board's attention. His efforts have been appreciated.

Ed stated that in order for the chapter to continue to be a part of BCHW, a director is required. If we cannot get a director, we will no longer be part of BCHW.

Ed will write up a request and a job description to see if any Capitol Rider member is willing to volunteer for this important position. This will be sent to all members via email. For those members without email addresses on file, the request will be mailed.

Ed spoke with Bob Brook, the BCHW state parliamentarian regarding the protocol required to decommission the chapter in the event no director is identified. Bob has agreed to look into this issue and will be at the September 9th meeting to share the information.

It is important that if no director is identified, that Capitol Riders approach this decommission process in a responsible, positive way.

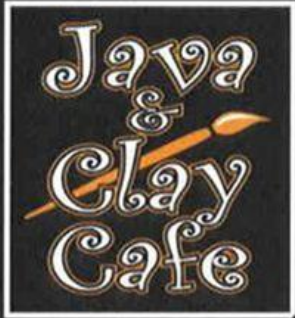
Good of the Order:

Treats for next month will be provided by Steve Russell.

There being no further business, the meeting was adjourned at 8:00 pm.

Respectfully submitted.

Secretary, Ritz Duchesne –
horselover.ritz@yahoo.com or 360-438-1805

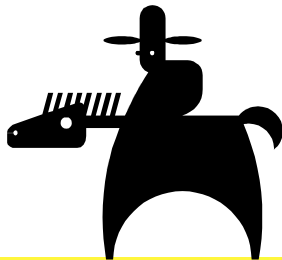


Rosalie C. Blue
Owner

3 2 1 0
Harborview Drive
Gig Harbor
Washington
9 8 3 3 5


253.851.3277

POTTERY PAINTING STUDIO
AND COFFEE LOUNGE



Last minute Fort Lewis ride call list

1. Dean Hartman:
705-0664
2. Jane Brooksher:
273-8219
3. Connie Bailly:
273-5552
4. Karen Johnson:
273-8075
5. Lee and Jim Munroe:
866-1790
6. Tom & Tootie
Crowson:
866-2298
7. Martha Kesting:
753-3897
8. Diana Gunderson:
943-3121 (prefer
week days)
9. Stephen Russell:
951-8927
10. Ritz Duchesne:
438-1805
11. Barry & Carrie Rus-
sell: 438-1873
12. Eric Anderson
360-978-4089
13. Donna Lake



**PERFORMANCE
EQUINE DENTISTRY**
INC. P.S.

ADVANCED VETERINARY DENTAL CARE

RICHARD L. VETTER, DVM

360-245-3476
vetent@centurytel.net

360-508-0083
www.perfequinedentistry.com

**2008 Equine Dental Clinic
Schedule**

November 15

Please provide your cell number.
For rechecks (horses that the Vettters' have seen before) plan on one hour. New horses take about one and a half hours.
Please try to be early but the schedule tends to get a little behind toward the end of the day.
Please bring a book or something for you to do while you wait.
You can provide your phone number so the Vetter's can call you with an update.

8:00	Ritz Duchesne
9:00	Ritz Duchesne
10:00	Gordon Merklin
11:00	Nina Merklin
12:00	Catch-up and lunch
1:00	Tom Crowson
2:00	Tootie Crowson
3:00	Terry Jackson
4:00	Shelly Anderson

Someone else asked me to schedule a time.
Please call me at 360-438-1805 to remind me.

Capitol Riders Upcoming Events

August 27	Beach Ride (Ocean Acres)
September 27	Work Party—Capitol Forest
October 11	Breakfast at JJ North's
December 13	Christmas Party at Jim and Lee Munroe's

Keeping the trails open...



2008 Capitol Riders' Meeting Schedule

All meetings are the second Tuesday of the month at 7:00 p.m., Littlerock Fire Department ,

10828 Littlerock Road SW, Olympia, WA 98512

January 8	No meeting in July
February 12	August 12
March 11	September 9
April 8	October 14
May 13	November 11
June 10	No meeting in December



C. Holden
Editor, Hoofbeats
14107 Affermer Court SW
Olympia, WA 98512
E-mail: horsehairranch@comcast.net

<http://www.capitolriders.org>