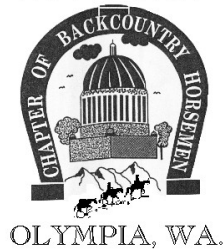


CAPITOL RIDERS



Hoofbeats - September 2009

Minutes
Capitol Riders Meeting
September 8, 2009

President Ed Haefliger called the meeting to order at 7:07 PM.

Minutes

The minutes of the August 11 meeting were approved as printed in the Hoofbeats newsletter.

Treasurer's Report

The treasurer's report was given by Karen Johnson in the absence of treasurer, Lee Munroe.

Director's Report

Director Jeff LaBreck announced that he will not attend at the September BCHW Directors' meeting but will be attending the December meeting. He said he had visited with Capitol Riders members about calendar purchases for 2010 and will be placing an order for the calendars soon. The calendars will be picked up at the September Directors' meeting and then distributed.

Committee Reports

No committee reports were given.

OLD BUSINESS

No Old Business was discussed.

NEW BUSINESS

Status of Capitol Riders

President Ed summarized the status of Capitol Riders chapter of BCHW.

- None of the current officers or the Director of the chapter wishes to serve for 2010.
- There has been a lack of attendance at meetings and little interest in activities during 2009.
- The membership committee has not been successful in recruiting new members

Following a discussion, a motion was made to begin the process to dissolve the Capitol Riders Chapter of BCHW. The motion was seconded and passed.

President Ed then said he would contact BCHW officers to begin the dissolution process and follow their recommendations for the proper method of dissolution. He then asked for members' suggestions for dissolving the Capitol Riders treasury. Members made the following suggestions:

- Pay chapter bills first:
- Pay expenses for the Director to attend the December BCHW Directors' meeting.
- There was a motion to donate \$100.00 to the Whistler Canyon trailhead in Okanogan County This was a matter that our Director had previously committed Capitol Riders chapter to for a donation. The motion passed.

- The chapter will provide meat for a party on October 31, 2009 before the chapter dissolves.
- A motion was made to spend \$200 for purchasing door prizes for the party on October 31, 2009. The motion was seconded and passed. Connie Bailey and Karen Johnson volunteered to purchase door prizes.
- Make donations to 501c3 nonprofit organizations:
 - Washington State Animal Rescue Team (WASART)
 - Hooved Animal Rescue of Thurston County (HAROTC)
 - Second Chance Ranch (Elma, WA)
 - Scatter Creek Riders Chapter BCHW
 - Funds would be designated for trailhead and trail improvement only

Calendar of Events Changes

September 26, 27- Campout and ride (Ocean Acres, Grayland, WA)

October 3- Ecology Day at Capitol Forest

October 13-General meeting 7PM at the Littlerock Fire Dept. NO POTLUCK AT THE RUSSELS.

October 31-“End of the Trail” potluck/ party. Location TBD

November 10-General meeting, 7PM at the Littlerock Fire Dept.

November 14-Dental clinic at the Trails End

December 12-Christmas breakfast and awards presentation 9AM at JJ North, Olympia

NEXT MEETING

The next meeting will be held Tuesday, October 13 at the Littlerock Fire Dept.

Respectfully submitted,
Karen Johnson, Secretary

Thirty-three Truths about Horses

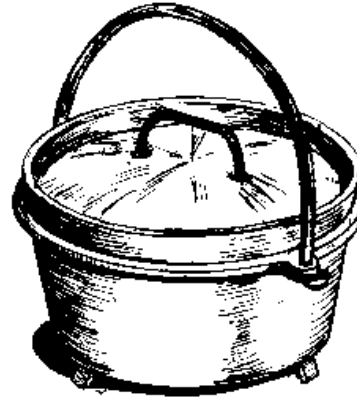
1. People who don't take care of their own horses will be the first ones to tell you how to care for yours.
2. You should never buy a cheap girth.
3. A handsome horse that's badly behaved will become a lot less attractive in about 15 min.
4. People who think they have nothing more to learn about riding hit the ground the hardest.
5. Children and ponies are natural allies and often have identical dispositions.
6. The richest horse people often look the poorest.
7. The closeness of a horse is one of the sweetest smells in the world.

8. A solitary ride through the woods is more beneficial than six months with the best psychiatrist.
9. The worse a person rides the more likely they are going to blame it on the horse.
10. The best thing about going to the barn first thing in the morning is that horses don't care how you look
11. If a dealer insists a horse is worth twice what he's asking he's usually worth half that much.
12. The best way to appreciate how another person rides is to get on their horse.
13. I can recognize another horse person no matter what town, city, state, county or country I visit.
14. You can never have too many hoof picks.
15. It is not always wise to argue with something that outweighs you by 1,000 pounds.
16. I'd rather have a horse with a perfect mind than a perfect head.
17. Eight hours is not too long to be in the saddle!
18. If you think you have left the water on in the barn you have, if you think you have closed the pasture gate you haven't.
19. When someone asks you if you like their horse always say yes.
20. The happiest people I know own horses, dogs, cats and at least one deranged goat. David Cains this applies to you!!!!
21. If you're looking for the perfect horse you will never own one.
22. Owning a horse can either make a marriage or break it.
23. I'd rather lose my Chap Stick than my curb chain.
24. You shouldn't talk about your first place ribbon to someone that came in second.
25. If someone says that horse has a little buck, it has a BIG buck.
26. If we need rain, schedule a show.
27. I've never warmed up to someone that didn't want to walk down to the stables.
28. A clean stable and a sparkling horse are among life's great pleasures.
29. A FREE horse is not a cheap horse.
30. No matter how badly behaved you are, your horse always gives you a second chance.

31. An expensive horse doesn't make a better horse.
32. I can't stand to have an empty stable.
33. Losing a horse can break your heart, but it will have been worth it.

Hungarian Goulash

- 2 Tbs. olive oil
- 2 cans tomato soup
- 1 lb. lean ground beef
- 2 1/2 soup cans water
- 1 large yellow onion; diced
- 2 1/2 tsp. paprika
- 1 large green bell pepper; diced
- 1/2 tsp. cayenne pepper
- 2 cloves garlic; minced
- 2 tsp. salt
- 1 1/2 cups frozen whole kernel corn
- 12 oz. bag pasta shells
- 1 cup fresh mushrooms; sliced
- 3 cups grated cheddar cheese
- 1/2 cup olives; sliced



Brown ground beef using 2 Tbs. olive oil in a 12" Dutch oven using 20-22 briquettes bottom heat. When beef has been browned add onion, bell pepper, mushrooms, and garlic. Saute until vegetables are tender. Add corn, olives, tomato soup, hot water, paprika, cayenne pepper, and salt. Stir to mix well. Bring contents to a boil then stir in pasta shells.

Place lid on Dutch oven and bake using 10-12 briquettes bottom and 14-16 briquettes top heat for 30-40 minutes. Sprinkle cheese over top and bake for an additional 10 minutes until cheese is melted.

Serves: 6-8



Dear Capitol Riders,

Since I was unable to attend the September directors Meeting and take notes to generate my usual report I am going to attach the meeting minutes for your perusal. If you have any questions, I will get the necessary information to answer any questions. Thank you.

Jeff LaBreck
Director

BCHW 2009 - 3rd Quarter
Board of Directors Meeting Minutes
Ellensburg, WA - CWU campus

Meeting was called to order at 9:10 a.m. by Darrell Wallace, Vice President.

Roll Call was taken: Capitol Riders - Excused; Crab Creek Riders - Absent; Ferry County - Excused; Island County - Excused; Rattlesnake Ridge Riders - Absent; Skagit - Excused; Tn-Rivers - Excused; West Sound Absent; and Wine Country Riders - Excused. Quorum was declared present.

Agenda was adopted as amended.

2nd Quarter Board of Directors Meeting Minutes were adopted as published.

Treasurer's Report - Ten Starke

Dave Jackson moved that we authorize the Treasurer to change the BCHW accounts from the Bank of America to White River Credit Union in Enumclaw on or about the 1st of the year. Second. Motion carried. Treasurer's Report was accepted.

Finance Committee - Heather Moorman

2010-2011 budget was proposed and explained by Heather. The budget will be refined for a vote in December at the Board Meeting. The excel spreadsheet will be posted on the Directors' forum. Send comments to Ten Starke.

Committee Reports:

Governance and By-laws - Teunis Wyers 501 c 3 guidelines are posted on the website - many questions and concerns were addressed that need to be clarified. There will be a class at Leadership. Outline of Standing Rules project is posted. State by-laws may need some "housekeeping". Dave Jackson requested that chapters present further questions regarding guidelines, rules, etc. in writing to the committee within 30 days to the address: saddlesorebob@msn.com Elections Standing Rule is posted. Dave Jackson moved that we adopt the standing rule as proposed by the Governance and By-Laws Committee. Second. Ken Carmichael presented a motion to amend to say that: The President, Vice President, Position 1 BCHA Director and Alternate BCHA Director are elected at the 4th quarterly BCHW Board meeting of the odd numbered years. The Position 2 BCHA Director is elected at the 4th quarterly BCHW Board meeting of the even numbered years. Second. Amendment carried. Election standing rule was adopted as amended.

Legislative - Bob Brooke

Legislative Day will be on or around March 15th

Public Lands - Jeff Chapman

Report is posted. Jeff touched on the highlights. Bob Brooke asked that the board give him direction on the letter asking that NOVA funds be reinstated for 2010. Dave Jackson moved that we authorize the Legislative Chair to scrutinize the letter and if it is in our best interest to sign-on on behalf of BCHW. Second. Dave Jackson moved to amend his motion to authorize the Legislative Chair to advise the President on whether to sign the letter. Second. Dave Jackson and Second withdrew both of the motions. Dave Jackson moved that the Board wants the NOVA funds restored to their original purpose. Second. Motion carried.

Volunteer Hours - Jeanne Koester for Bob Gish

Report was posted. Questions were presented to Jeanne. Great concern was expressed by the Board regarding the importance of recording volunteer hours.

Publicity/THN - Dick Yarboro

Dick and Heather are trying to update addresses for distribution of the Trailhead News (THIN). Return service requested brought up some addresses that are no good. Chapter members need to update Heather's membership database with any and all address changes. There were more brochures and THN extras available for soliciting new members, in the back of the room.

Membership - Heather Moorman

After October 10th memberships will be for 2010. Report was posted.

Education - Trygve Culp

Louise Caywood has an LNT report on the website. Leadership training was discussed as to when & where the event should take place. Safety CD's are still available.

Website - Jim Thode

no report

Ways & Means - Dave Swanberg

2010 calendars are here. Buy some.

Jr BCHW - Randy Darling (no report)

Steve Reppert mentioned what a great job Juniors are doing. Lori Lennox mentioned they should be invited to help with the General Meeting. Mt St Helens, Pierce County, Inland Empire, and Traildusters Juniors will be approached about helping with the General Meeting.

Grant Committee - Jeanne Koester

Jeanne "thanked" the chapter leaders on their program reports.

Special Reports:

BCHA Report - Bob Shonka Bob explained personnel changes in BCHA. Many more eastern states are joining BCHA. Bob thanked the Board for enabling him to be their representative. The Board thanked Bob for his service to BCHW.

Unfinished Business and General Orders:

2010 General Membership Committee - Dave Jackson

Membership Advisory Committee Report - propose lifetime membership and on-line membership renewal. Proposals were explained and will be posted this week. Trygve Culp made a motion that we accept

proposal #1 concerning Lifetime Memberships as presented by Dave Jackson. Second. Motion carried. Trygve Culp moved that the 3 chairs come back to the Board at a future meeting with a recommendation for the Board to adopt concerning on-line payments and registration as addressed in proposal #2 which was presented by Dave Jackson. Second. Motion carried.

Annual Update of BCHW Participation on External Committees/Boards

Directors need to find out who in their chapters are members of external boards (e.g., NRTP, NOVA, WTA, etc.) and committees that may have impact on trail use or are related to the BCHW mission and email that information to Jeanne Koester, Executive Assistant to the President.

New Business:

Contract Review WA-Media Contract Dick Yarboro reported that our contract expires at the end of December. Dick and Darrell will look into WAMedia cost, etc. for a future year(s) and report at the 4th quarter board meeting.

Gjurasic and Kohl Contract

Bob Brooke reported that our contract expired in June, and then automatically renewed when we took no action. Bill tracking system was not provided as requested. Bob questions whether we are still getting our money's worth. Discussion followed. Jim Thode moved that we refer the matter of the Gjurasic and Kohl contract to the Legislative Committee. Second. Motion carried.

Meeting Rooms & Dates Contract

Jeanne Koester moved that meetings for the next 3 years at Kittitas Valley Event Center (KVEC) be set up. Second. Motion carried.

Insurance Update

Jeanne Koester reported that 24 Additional Insured's were purchased for 2009 - including 3 statewide ones purchased by BCHW.

2010 Elections/nominations Teunis explained the new standing rule to the board. Bob Brooke took over as chair for nominations. Bob Brooke announced that nominations are still open. Trygve Culp nominated Darrell Wallace from Scattercreek Riders Chapter for President. There were no nominations for Vice President. Trygve Culp nominated Lori Lennox from Grays Harbor Chapter for BCHA Position #1. Dave Jackson nominated Mike McGlenn for BCHA Position #1. Trygve Culp nominated Bob Gish from Northeast Chapter for BCHA Alternate Director. Further nominations can be made at the Board Meeting in December.

BLM Steve Reppert suggested that we change our March meeting date in the future; so that BLM can hold an adoption with our general membership annual event.

Good of the Order:

Sally Laib reported that there were extra copies of the BCHA newsletter available at the meeting for use at meetings, etc. Trygve Culp updated the group on the Whistler Canyon project. Public Lands Day will be December 4, 2009. We need to decide who to invite and get the invites out. Heather Moorman reported that Winery Ride flyers were on the back table. Darrell Wallace suggested that Directors bring Alternates and newly elected Directors to the meeting on December 5, 2009. Also, reports need to be provided a week earlier to Jim Thode for the 4th Quarter Board Meeting. The meeting will be at the Fairgrounds (KVEC) in Ellenburg.

Meeting adjourned at 3:10 p.m.

Calendar of Events -

- 9/26-27/09 Campout and ride (Ocean Acres, Grayland, WA)
10/3/09 Ecology Day at Capitol Forest
10/13/2009 General Meeting 7:00 PM Littlerock Fire Department (no potluck at Russell's)
10/31/09 "End of the Trail" potluck/ party. Location TBD
11/10/2009 General Meeting 7:00 PM Littlerock Fire Department
11/14/2009 Dental Clinic - Trails End, Tumwater
12/12/2009 Christmas breakfast and awards presentation 9 am, JJ North Buffet, Olympia



Chris Enrico
4809 24th Ave SE
Lacey WA 98503

