

CAPITOL  
RIDERS



OLYMPIA, WA.

# HOOFBEATS

## OCTOBER 2013



Next meeting October 1st 7 pm  
Karen (Coffee), Laura (Treats)

The next general meeting is scheduled for October 1st, 7 pm at the Littlerock firehall on Littlerock Road.

Nominees for chapter officers will be accepted at the meeting. Positions open are President, Vice President, Secretary and Treasurer. This is Laura's second year as President and she wants/needs a break. Traci has already made it known she is no longer Treasurer.

As for myself, being Secretary is no big deal, if I can only make the meetings. For that I apologize. I will accept the nomination if made.

We vote on the positions at the November general meeting. So put on your thinking caps and come up with nominees that are willing to take over. If you cannot make the meeting please forward the names of your nominees to Laura, [horsewhisper101@hotmail.com](mailto:horsewhisper101@hotmail.com) or 360-870-2584.

Our Director Karen Johnson is currently working on a grant request in order to obtain a brush cutter for the chapter. Any grant writers out there willing to assist? Mostly it's boilerplate.

Fall is here and Mother Nature is making sure we know it. We had a beautiful summer with constant heat, more than I can remember. I'm somewhat sad in that we didn't have an Indian Summer or much of one. Warm sunny days with cool nights for most of the fall. I used to work for the USFS and one fall we hiked in to our work site on an old indian trail. I thought that was pretty cool.

Come December, Okanogan County plans to auction off 70 acres of land immediately adjacent to the Whistler Canyon trailhead just south of Oroville. There is a movement to try and raise funds to purchase the property before it's turned in to a rock quarry. The Okanogan Valley Chapter is one of the primary con-

tacts for the effort. See your Trailhead News for the director's contact information. The BLM is supposedly working on a proposal as well.



Remember as you head out into the woods with your horse or mule that it is hunting season once again. Play it safe and wear "hunter orange" so you are visible.

National Public Lands Day is September 28th this year. The chapter has no big plans for a work party, having been out previously doing trailhead and campground cleanup as well as trail brushing.

National Mule Day is approaching on October 26th. No more chapter rides are scheduled for the year but feel free to get out there when the rain stops and get the stock and you some exercise. Do some exploring close to home. The Willapa Hills trail would be a good place to go. I've got maps on the web site.



The chapter Christmas party will be on December 14th at Rob Keyser's barn on LaFrance Road in Littlerock. 6 pm. As usual it will be a potluck and gift exchange.

Less than a month ago, a horse-motorcycle incident off Mann Road outside of Sultan left a horse rider injured. The area is signed "no motorized vehicles" yet the horse riders ran into two motorcycle riders. Words were exchanged and one of the bike riders began revving his engine trying to intimidate the horses. One horse and rider began running down the road with the bike rider on their heels. At some point the horse rider fell off and the bike riders left her lying there as they rode past. The county Sheriff is attempting to track the bike riders down.

If you want more content in this newsletter please submit stories or other items to me.



## Currently Scheduled Events - partial for 2013

### September

26 - DNR User meeting 6 pm, 801 88th Ave Tumwater  
28 - National Public Lands Day work party Capitol Forest

### October

1 - General Meeting Littlerock fire hall 7 pm  
26 - National Mule Day

### November

5 - General Meeting Littlerock fire hall 7 pm  
21 - DNR User meeting 6 pm, 801 88th Ave Tumwater  
30 - Capitol Forest closes to Horses (Equine Loop open)

### December

6 - BCHW Land Manager meeting, Ellensburg  
7 - BCHW Director's meeting, Ellensburg  
13 - National Day of the Horse  
14 - Chapter Christmas Party 6 pm Rob Keyser's barn in Littlerock

Captiol Riders Meeting Minutes  
Littlerock Fire hall  
September 3, 2013

Meeting was called to order at 7:00 pm by President Laura Kingman.

We had 2 guests, Chris Jellison "Jelly" who is a commercial pilot and runs cattle on the east side, and Tammy Weiks who lives in the horse community of Foxhall

Minutes of the September meeting were approved.

Traci Koch gave the treasurer's report. The chapter is solvent.

Club rides: Keenes ride is cancelled. Traci says she's going to Mt. Muller or Green River Horse Camp that weekend if anyone wants to go. Nisqually-Mashel was scheduled for Sep 15th.

Oakland Bay chapter will possibly have a ride at Humptulips the last weekend in October.

The Zillah winery ride is scheduled for October 26th.

Work Parties: Work parties tentatively scheduled for Sep. 17th, and 24th. Trying mid-week work parties to see if we get more participants. Another work party may be scheduled for Sep 28th if we can find someone to organize it.

No safety patrol update.

Social: The Christmas party is scheduled for Dec 14th at Rob's barn. 6 pm.

Membership: Yearly renewals are coming up, so get them in to the club by the November meeting. Don't forget to sign the renewals. The national club is being strict about this from now on.

Volunteer hours: Don't forget to get your volunteer hours into Jeff LaBreck. This is the last year he'll be coordinating volunteer hours.

HoofPrints: Get your mileage forms in to Peggy Tucker by the November meeting so she can get the gift certificates from Tack Room Too in time for the Christmas party.

Chapter Leadership: Nominations for next year are open. We need nominations for President, Vice President, Secretary and especially Treasurer.

Director's Report: Karen gave the Director's report. She would like someone who is good at grant writing to write a grant requesting the money for a brush cutter for the chapter to help us clear the trails.

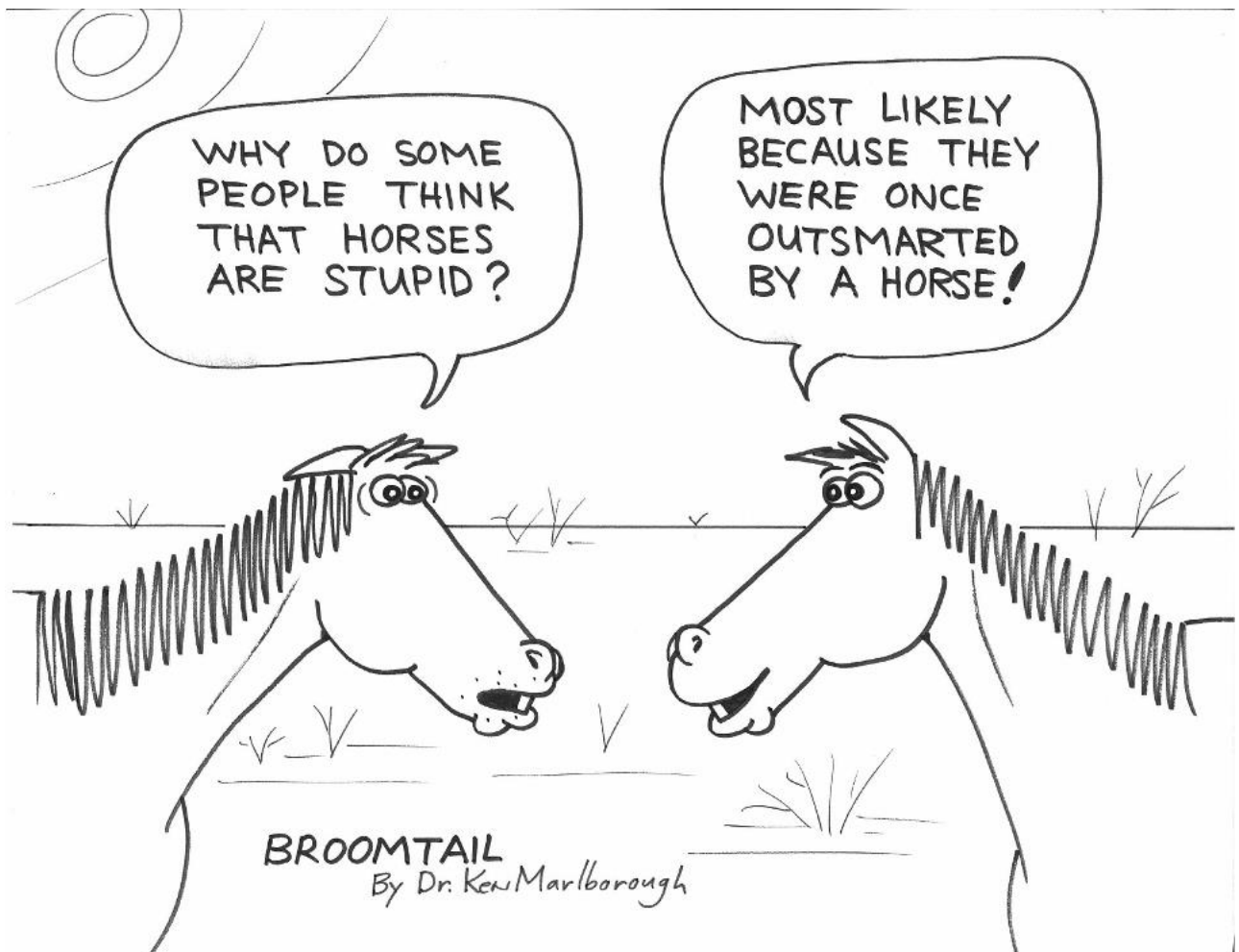
Calendars: The first distribution of the 2014 calendars that the chapter reserved were handed out at the meeting. Please be sure to retain the raffle tickets after the person buying the calendar has filled it out. Karen will mail the tickets en masse to BCHW.

Cookbooks: Karen will be picking up 12 cookbooks for members of the chapter to buy (they make great Christmas presents).

Treats for next meeting will be brought by Laura Kingman.

Meeting was adjourned at approximately 8:10 pm.

Peggy Tucker



**BCHA Executive Committee**  
**Minutes - Conference Call August 20, 2013**

Chairman Jim McGarvey started the call at 9:04 a.m. PDT. Participants: Alan Hill, Chuck Miller, Nick Martinez, Jim McGarvey, Ken Ausk, Don Saner, Phil Hufstader, and Peg Greiwe. Not present: Randy Rasmussen, Mike McGlenn, Tom Thomas.

**Minutes of July 16<sup>th</sup> meeting – MSP to approved minutes of meeting.**

**Treasurer**, Don Saner – discussed budget revisions; cut discretionary spending.

**MSP to accept Treasurer's Report.**

**MSP to move \$9600 from Executive Director budget category to: Chair (\$1600); Public Liaison (\$5000); Advisor, Public Lands Recreation travel (\$3000); reasoning is that ED position is no longer in existence and the other positions are picking up that slack and doing the work; nothing over budget will be reimbursed without prior approval.**

**Advisor, Public Lands Recreation** – Jim reported for Randy Rasmussen. Will meet with CDT people. 30 miles of trail near Gunnison CO (new trail & old trail there) that goes through two national forests, FS is going to allow mountain bikes on that length. Regional Forester has agreed to sign this. It got contentious as moved along in final comments. It then goes to WDC for approval/appeal then it goes to court. IMBA wants to lose in WDC but win in appeal. CDT people want letter of support from us. Supervisors of both forests said that is the way it was going to be. IMBA is driving this. Well funded.

**Public Liaison**, Alan Hill – annual VIP trip to mountains canceled due to fires' using all the stock available. PCT has had some safety issues this year (not with BCH). Center for Excellence has been established and funded for three years in FS Region 5 to teach the traditional skills.

**Chairman/Acting ED report**, Jim McGarvey – American Hiking Society and BCH are of like minds with the mountain bikes. Had 2 hour call with Paul Spittler, Randy & Dennis Dailey – form three committees, half with BCH and half with TWS. One is legislative; administrative (land managers), Advocacy team (plan and then get advocacy support). Filed app with DEW Foundation. MOU/NPS – in process; draft circulating in WDC.

**Trail Classification** – 24 states reported in; one (Utah) is actually finished; 2 in process of cleaning up paperwork; 11 work in progress (contacted FS, one or more districts done), 10 states haven't even done it and some are not interested and others want BCH help. Phil & Rod Parks divided up the states and put together a field package for help. Put together the talking points for the phone conversation with the FS that Jim, Rod, Nick, Phil & Jim will be on. Plan to have a good update on how far along people are for the next NBM. Slowly pushing; providing all information. (Joe Mead took Jim Bedwell's place in FS; Jim McGarvey met him at NETC.)

**FLREA**, Jim – Larry Zauberis thinks we need position because it is coming up for re-authorization in Congress. Larry and some others will work on this.

**Mt Bike position** – CA does have issues in they feel it is not strong enough; sent request to Dennis Serpa (Pres) to get back to Jim with comments in 30 days. (Phil – bring up OR's position for October call.) (Wilderness study areas – one is considering mountain bikes.)

## **NEW BUSINESS**

**Arkansas state application**

**MSP to grant conditional acceptance to BCH Arkansas.**

**Crowd Funding Proposal**, Jim – on line campaign for raising money. Indiegogo.com raised over \$6 million; CDT raised \$35,000. Talked to Teresa Martinez at CDT. Needs to form a committee around the country. Include photos of youth. Phil will be on the committee. Jim will write the blurb. Outfitters, hunters, anglers, breed groups. Good idea because it may garner outside support instead of just our own members.

**MSP to move forward on the crowd funding proposal.**

**ExactTarget Proposal.** Jim – next level up from *Constant Contact*; talked with AHC and they like it. Get half price because we are 501c3. \$2440/year for 6,000 emails billed monthly. Covered with budgeted amount for mailing donation letter.

**MSP to proceed.**

BCHA Adoption of **AHC Welfare Code of Practice** – not within our narrow focus.

**MSP to adjourn 10:57.**

*Peg Greiwe*

Executive Secretary

**Agenda:** Minutes, Financials, Advisor for Public Lands Recreation Report, Chairman/Acting ED Report, Public Liaison's Advocacy Report; Old Business: NPS MOU status, Trail Classification Update, FLREA, Mountain Bike; New Business: AR State application, Crowd Funding, ExactTarget Proposal, Legal Fund Option, Welfare Code of Practice.

**Acronyms**

MSP – Motion made, seconded and passed

IMBA – International Mountain Biking Assn

PCT – Pacific Crest Trail

CDT – Continental Divide Trail

WDC – Washington DC

NPS – National Park Service

FLREA – Federal Lands Recreation Enhancement Act

TWS – The Wilderness Society

NETC – National Equestrian Trails Conference

FS – US Forest Service

AHC – American Horse Council

PDT – Pacific Daylight Time

OR - Oregon

EC – Executive Committee

CA - California

MOU – Memorandum of Understanding

NBM – National Board Meeting



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# Hearty Mexican Casserole

- 1 ½ lbs. ground beef
- 12 ounce package frozen corn
- 1 medium onion, chopped
- 1 green pepper, chopped
- 1 (15 ounce can) tomato sauce
- ¼ cup water
- 1 (4 ounce can) chopped green chilis
- 1 (15 ounce can) black beans, drained
- ¼ teaspoon black pepper
- ½ teaspoon salt
- ½ teaspoon cumin
- ¼ teaspoon dried cilantro
- ¼ teaspoon chili powder
- Shredded cheese of your choice

### ***Cornbread Topping***

- 1 cup self-rising cornmeal
- ¼ cup all-purpose flour
- ⅔ cup milk
- 1 egg

## Method

Brown ground beef, onion, and green pepper in skillet on top of the stove. Drain. Combine the rest of the ingredients and pour into a 9 x 13 baking dish. Mix cornbread topping and drop by spoonfuls on top of casserole. Bake in preheated 425 degree oven 20 to 25 minutes until cornbread topping is done. Remove from oven and add shredded cheese and melt under broiler.

### Cornbread Topping

Stir ingredients together in a mixing bowl with a spoon.



## Servings/Yield

6 to 8 servings

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## Slow Cooker Bbq Ribs

A fall-off-the-bone slow cooker rib recipe that will rival your favorite BBQ joint!

- 4** lbs. spare ribs - trim off excess fat
- 2** tablespoons season salt
- 2** teaspoons Worcestershire sauce
- 1** teaspoon vinegar
- 18** ounces low sugar BBQ sauce
- 2** tablespoons brown sugar

### Method

Cut ribs to fit in slow cooker

Season ribs with season salt

In a medium bowl mix remaining ingredients until combined

Put first layer of ribs in slow cooker

Pour 1/2 of BBQ mixture over ribs, repeat with remaining ribs and sauce

Coat ribs as much as possible

Cook on low for 6-7 hours, until meat is tender

Remove from slow cooker and place on hot grill for 2-3 minutes per side until a little charred. ENJOY!!



### Servings/Yield

8 servings

### Time

- Prep: 15 Minutes
- Total Time: 8 Hours

## Come Join Us!

To join or renew your membership with BCHW, complete this application:

- Please PRINT LEGIBLY.
- Sign the LIABILITY RELEASE (all members over 18).
- Make checks out to CAPITOL RIDERS.
- Give or mail the application to :

Chris Enrico  
 4809 24<sup>th</sup> Ave SE, Lacey WA 98503-3252



### Member Info

New Member       Renewal – Membership number(s): \_\_\_\_\_

Adult's name(s): \_\_\_\_\_

Children's name(s): \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ ST: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone number: \_\_\_\_\_ E-mail: \_\_\_\_\_

Legislative district (if known): \_\_\_\_\_ County: \_\_\_\_\_

#### STATE MEMBERSHIP

##### Basic Membership

- Single \$41.00  
 Family \$54.00

##### Optional Membership (includes family or single from above)

- Contributing \$75.00  
 Sustaining \$125.00  
 Patron \$250.00  
 Benefactor \$500.00  
 Lifetime (Single) \$1200.00

State dues paid online (attach receipt copy)

Additional State Donation \$ \_\_\_\_\_

Subtotal A \$ \_\_\_\_\_

#### CHAPTER MEMBERSHIP

Chapter Name (or Independent): \_\_\_\_\_

##### Capitol Riders

Chapter Dues - Single \$10.00  
 - Family \$15.00 \$ \_\_\_\_\_

Additional Chapter Donation \$ \_\_\_\_\_

Subtotal B \$ \_\_\_\_\_

Grand Total (A+B) \$ \_\_\_\_\_

### LIABILITY RELEASE & NOTICES

All ADULT members MUST sign! Adult's signature covers minor children.

Recognizing the fact that there is a potential for an accident wherever horse use is involved, which can cause injuries to horses, riders, and spectators, and also recognizing the fact that Back Country Horsemen of Washington, including Chapters, officers, directors, or members, cannot always know the condition of trails or the experience levels of riders or horses taking part in trail rides or other BCHW events, I do hereby release and hold harmless the above named from any claim or right for damages which might occur to me, my minor children, or horses.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Back Country Horsemen of Washington (BCHW) is a public charity as defined in Internal Revenue Code Section 501(c)(3). Accordingly, membership dues paid to BCHW may be treated as deductions characterized as "charitable contributions" when computing federal and state income tax obligations.



# Sponsors



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Ad Rates for your ad in both the web site and newsletter :

(per year)

Business card - \$25

1/4 page - \$48

1/2 page - \$72

full page - \$100 (subject to board approval)

Business card or your production ready artwork.

This space for rent!

This space for rent!

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Chris Enrico  
4809 24th Ave SE  
Lacey WA 98503

Capitol Riders  
<http://capitolriders.org>

