

CAPITOL
RIDERS



OLYMPIA, WA.

HOOFBEATS

MAY 2013

The next general meeting is scheduled for May 7th, 7 pm at the Littlerock firehall on Littlerock Road.

Garage Sale May 4th!

Bring your items to Joyce Nelson's on Friday May 3rd starting at 6 pm. Please price your items and remember that they don't have to be horse related.

If you plan on helping on Saturday please arrive around 8 am. The sale officially starts at 9 but there are always "early birds". Bring something for an informal potluck (check with Joyce first (360-786-1224).

The sale ends at 3 pm and we don't force you to stay all day. But it's always a lot of fun so plan on hanging out.

Directions to 11750 Coyote Ln SW - Littlerock Road south of the firehall. From 113th Avenue SW continue south on Littlerock Road for 0.7 miles, passing Gifford Road on the left. You will see a solid wood fence on the right and Coyote Lane is at the end of that so slow way down and turn in. Joyce is straight ahead through the gate.

Coming north on Littlerock, continue past 123rd Avenue SW and go another 0.7 miles to Coyote Lane on your left. It's 1.2 miles north of downtown Littlerock.

Items will be taken on consignment and the recommended percentage is 15%.

There is a Dental clinic on May 19th. There may no longer be any spots available but contact Ritz at 608-449-0319.

Capitol Forest opens to horses on May 1st. Get out there and ride!

The ride at Nisqually-Mashel was a good day for all. Everyone returned before the rains pounded down

Next meeting May 7th 7 pm
Karen (Coffee), Connie (Treats)

and I can still see the two male riders coming back in the pouring rain, hunkered down in their saddles.

On both June 29th and September 21st, make it your priority to head to Fall Creek Campground in Capitol Forest and go riding for the day. Show DNR that the need for horse trails should remain one of their priorities.

.From President Laura, -

Thank you to everyone who came out on Saturday for our Mima Falls Campground and Trailhead Work Party. Those folks are: Karen Johnson, Barb Follett, Norman Green, Deborah Green, George Gunderson, Diana Gunderson, Susan Hartman, Jeff LaBreck, Judy Francis and Laura Kingman. There were so many of us that many hands made light work. This clean-up effort is important because it prepares the trailhead and campsite for Capitol Forest's opening day on May 1. Since Capitol Riders adopted Mima Falls Trailhead and Campground, this is a nice thing for us to do.

Speaking of opening day, if you haven't ridden much over the winter, remember your pony (and mule) will need to start slow for conditioning. This means short rides building up to longer rides. Mostly walking. Starting one hour and adding small increments of time after that. Just like a bodybuilder can damage themselves by bulking up too quickly, the same is true for our ponies. It takes six weeks of working out lightly for tendons to accrue enough collagen and thus have enough elasticity to hold muscles firmly to bones and to build integrity in tissues and thus reducing the risk of

Events - partial for 2013

May

- 1 - Capitol Forest opens to Horses
- 4 - Chapter Garage Sale
- 7 - General Meeting Littlerock fire hall 7 pm
- 11 - Lewis County chapter fun ride Burnt Ridge 9 am \$10, 360-262-9132 or 360-748-8640
- 18 - Elbe Hills chapter day ride 11 am ride out, camping optional
- 18 - Oakland Bay chapter Fun Ride, \$15, 9-11, Kennedy Creek
- 19 - Vetter Dental clinic, Ritz 608-449-0319
- 23-27 - Nile chapter campout Naches
- 26 - Roslyn Riders Poker Ride (Fun Ride)
- 30 - DNR User meeting 6 pm, 801 88th Ave Tumwater

June

- 1 - National Trails Day Work party Capitol Forest
- 4 - General Meeting Littlerock fire hall 7 pm
- 8 - Kennedy Creek day ride 11 am ride out
- 13-16 - Wenas BBQ Flats campout (alternate Joe Watt Canyon)
- 15 - Grays Harbor chapter fund ride, Mary M Knight School riders out 9-11 am \$10 360-482-8375 or owens.maryj@gmail.com
- 22 - BCHW Director's meeting, Ellensburg
- 22 - Stockman's Coalition poker ride Capitol Forest, Evergreen Sportsman Club \$25 360-470-8999
- 26-30 - Beaver Creek campout Methow
- 29 - Capitol Forest - Equestrian Courtesy Day - Fall Creek

injury.

Watch out for spring grasses. The high sugar levels can cause problems for our ponies. Limiting how much grass they get can be helpful and if they are going from no grass to lots of grass, remember to start with one hour and add an hour a day.

I have seen lots of fun rides advertised and our club has a great ride list too so I hope you have a chance to get out and enjoy.

Happy trails!

Laura

Capitol Riders meeting minutes
Littlerock Firehall
4/2/13

President Laura Kingman called the meeting to order at 7:03 pm.

Attendees – 28

Guests – Bev and Dick Court (Dick was chapter president 25 years. They joined this evening.) and Rhonda and Emily with mom Leanne (Kristina Dilworth's daughter).

March minutes approved as written in the newsletter.

Treasurer – Traci Koch is stepping down. She has everything in QuickBooks (the chapter owns a copy). The chapter is solvent.

Jeff LaBreck mentioned the new Capitol Forest map is for sale at \$9 per map. The chapter can buy 30 maps for \$4 each and sell to the membership for \$6 each as a fundraiser. Traci Koch made a motion to buy maps and sell for \$7. Motion approved.

Laura asked the group if anyone wanted to be treasurer.

Karen Johnson brought up that the Pierce County chapter prepares lunch at the gravel haul. BCHW loaned \$500 for lunch and would like the chapters to donate to help cover the cost. A motion to donate \$50 was made and approved.

Jeff asked about the garage sale cash. Traci said it comes out of petty cash and in 2011 \$50 was spent on food.

President Laura Kingman presented Jeff LaBreck with his 2013 Cinch Award. The Cinch Award was created in 2011 to recognize individuals who work at the state level. The awardee is nominated by directors and state committee members and recipients are decided on by a state committee. Jeff got his for his calendar sales efforts this past year.

Rendezvous recap – Laura said there were great vendors and the nice chapter table decoration by Sue Koch. There was a saw cutting competition, a Barb Apple clinic, Cascade Mountain Grilling provided fantastic food, and even a tack sale. Karen Johnson took 25 items and sold all but 3. There was a photo competition, a map and compass class, a trail maintenance class and a Haney Meadow fire damage presentation. There was also a great band.

Web site and newsletter – Chris Enrico mentioned that he's put some new interactive maps on the web site like state park boundaries. If you are headed to the beach you need to pay attention to the park boundaries. Twin Harbors State Park includes the beach while Grayland Beach State Park only includes the dunes. Grayland Beach Road (between the two parks) in the vicinity of the restrooms on both sides of the road is also state park land.

Diane Killingsworth mentioned that Ocean Acres Bed and Breakfast has offered to let BCHW members park for free on their property.

Gretchen Shea shared a story with the members – While out for a ride on a trail along the railroad tracks they found a loose horse, a big Paint. They were able to find the owner who hadn't noticed the horse was gone. The owner is Gary Larson who is working on a Veterans therapy riding program as well as a horse rescue.

Activities – Club rides: April 6th is the Nisqually-Mashel ride. Diane said that May 18th is an ORV outing at Elbe (same day as the chapter day ride there). Oakland Bay has a fund ride at Kennedy Creek on May

18th as well.

Carrie Russell said it may rain on Saturday and asked how members would like to be notified. Carrie will let Chris know and he will sent out an email.

Kirsten Dilworth asked about the trails as she has a horse with sensitive feet. Dean Hartman said to use boots. There was further discussion regarding the trails.

Diane mentioned that the Ride to Rendezvous outfitters and guides has their annual event the same weekend as the Beaver Creek camp over. There may be a conflict with the campground.

Peggy Tucker asked about a work party at Mima Falls Campground. Jeff said it has to be April 20 or 21st before Capitol Forest opens. Laura asked the Greens (Norman and Deborah) what date worked for them (new members who want to help with work parties) and they said Saturday. So there will a clean up at Mima Falls Campground on April 20th at 9 am.

Diane said that horse riders lost Mount Rainier National Park since no one spoke up. The Dungeness Wildlife Area is in danger since a horse related accident. Karen said that Yellowstone and the Sierras are also of concern.

Laura said that BCHW had 52,000 volunteer hours in 2012. Please track your preparation time (collecting and loading your tools), travel time, work hours and the time for putting your tools and equipment away as it all counts.

Karen mentioned the gravel haul. It will be on the equine loop on April 13th. It should be a fun day. They need help with loading buckets, lifting buckets onto the animals and spreading the gravel. Snacks and lunch are provided. The work period is 4 hours. Breakfast will be provided by the bicycle community.

Legislative – Dean Hartman thanked those keeping the chapter informed.

Lewis County Chapter basic skills class – Dean said it's too late to register.

Ways and Means – Dean said the garage sale is May 4th. Dean has paid the fee and registered it. Bring your stuff to Joyce's on Friday May 3 starting at 6 pm. Mark your prices and the items do not have to be horse related.

Director's report – Karen Johnson said the report is in the newsletter and on line.

If anyone wants a BCHW cookbook Karen can pick them up for members at the next director's meeting in June.

Treats for the May meeting – Connie Bailey

For the Good of the Order – Cindy McAllister asked about JBLM. Dean said “don't park on the prairie”. Once you have your permit, remember to call in before heading out. Pocket Gophers, moles and mice were mentioned. “Don't ride on the grass or prairie” was mentioned again. Call on people breaking the rules, don't approach them. Dean said “JBLM loves horse people.” Karen said to report garbage.

There is another Hoover clinic on May 4th and 5th and September 7th and 8th. The Friday night demo is free. Location is the Bordeaux Ranch.

On July 26-28 Ferry County Chapter is hosting a ride on the Old Stage Trail out of Colville. (A remaining segment of the first state highway in Washington, this trail is the only wagon trail in the forest trail system.) Chapter web site is not current so no additional information.

Meeting adjourned 8:14 pm.

Respectfully submitted,

Chris Enrico
2013 chapter Secretary

I didn't make it to the Mima Mounds WP but we had a good turnout for our Mima campground cleanup. Jeff brought his pickup and several people helped him to clean out the manure bins, then he went to the dump site to offload. Others raked leaves and picked up garbage around each of the campsites while Susan Hartman blew leaves off tables and camping areas. I cleaned the outhouses--fun, sorta. We moved to the lower day use parking area and continued the cleanup until everything looked tidy. We were very pleased to note that not much garbage was found and not much manure left in the day use parking area, so people are learning to be good stewards of our public land and Leave No Trace!

Many thanks to our members who helped out to make this a fun and easy cleanup!!

After May 1st we will be able to ride in Capitol Forest again and will assess what needs to be done on our adopted trail (formerly Trail 6 from Mima to Trail 10).

Karen Johnson

Yes, it rained for the Great Gravel Pack-In (GGPI) last Saturday but it didn't dampen our spirits, as you can see!! Everyone was treated to a breakfast burrito and coffee prepared for us by Friends of Capitol Forest. Following that, DNR Commissioner Peter Goldmark thanked us for our dedication and support of DNR throughout the state. The Commissioner then presented Ron Downing with the Commissioner's Volunteer Hero Award for his meritorious service. We had a great work party with everyone dedicated to making the Equine Loop trail in Capitol Forest better for all to enjoy. There were 11 riders leading 16 pack stock and 2 hikers each leading a pack animal. The total weight of gravel packed was 17,520 lbs. by the equines. There were also ATV's hauling gravel but I'm sorry to say I don't know the total weight that they hauled. Coffee, water, and snacks were served at the work sites during the pack-in followed by a spaghetti lunch. A special delight was having Denny Dargon and Andy Bales singin' and pickin' while we ate! Pierce Co. chapter had fire barrels burning to warm us up along with coffee and delicious desserts! It was a really special way to end the day! Lots of hugs and well wishes were sent with everyone as they loaded up and headed home. Our Central Oregon guests who brought 6 animals hit the road with a long trip ahead of them.

A gracious THANK YOU to all who participated in this year's GGPI. YOU are what makes it GREAT!!

If you missed the GGPI this year please join us next year for the festivities! It keeps getting better!!

Karen Johnson

Some of the chapter rides have been moved around. With Mount Adams Horse Camp not having any real trail access this spring/summer due to the 2012 Cascade Creek wildfire (on the southern slopes of the mountain) both Beaver Creek and Indian Camp camp overs have been moved. Beaver Creek in the Methow is now scheduled for June 26th to 30th. Indian Camp in the Teanaway north of Cle Elum is moved to August 1st through 4th. Refer to last months newsletter for the remainder of this years rides.

Contact Jeff LaBreck at 360-264-7901 if you want to purchase a copy of the new DNR map for Capitol Forest. Cost is \$7.00 with the profits going to the chapter. This beats the single copy rate from DNR which is \$9.00 per copy.

No word on plans for the Haney Meadows restoration after the massive wildfire this past summer. I'm sure that we'll be hearing more later this spring after the snow melts and folks can get in for a proper look at the trail situation. We already know about the damage to the camp itself. If you've never been there but want to help, stay tuned in.

Speaking of Indian Camp in the Teanaway, the state legislature has been working on a proposal to purchase the American Forest Land Company lands (50,000 plus acres). One of the things needing to be worked out is whether the land would be administered by DNR or WDFW. Representative Judy Warnick is leading the charge.

On May 18th there is a scheduled chapter day ride at Elbe Hills (Nicholson Trail System - Sahara Creek Horse Camp). On this same day Oakland Bay chapter is hosting a fun ride at Kennedy Creek.

On May 23rd to 27th the chapter heads to the Nile and the "Old Sawmill Site" for a camp over. And yes, there was a sawmill there. You can see the concrete foundations.

June 1st is National Trails Day. We should hear of the chapter's plans for a work party in Capitol Forest at the general meeting on May 7th.

Come to the meeting on May 7th and watch a short video slideshow that shows off BCHW chapter accomplishments around the state in 2012. (You can see it on the BCHW web site as well. Go to the Videos link.)

Peninsula chapter is sponsoring a class in back country packing and camping. Saturday-Sunday, June 22nd and 23rd, 9 to 5 both days. 2094 Bear Creek Road—15 Mi. NE of Forks ,WA, home to Larry and Sherry Baysinger. \$10 per adult, \$5 per youth, \$20 max per family (covers materials & door prizes) Registration: Please call or email by June 10, 2013 (space is limited) Jen Bond (360) 461-9588 or mama_rides@yahoo.com.

Details: Camping and over-night accommodations available nearby. Please bring your own food and a potluck item to share at the Saturday night weenie roast. Please do not bring stock and dress for the weather!

A cowboy rode into town and stopped at a saloon for a drink. Unfortunately, the locals had a habit of picking on strangers. When he finished his drink, he found his horse had been stolen. He went back into the bar and with a quick move of his hands, he flipped his guns into the air, caught them above his head without even looking and fired at the ceiling.

“Which one of you sidewinders stole my hoss!?” he yelled. No one answered.

“Alright, I’m gonna have anotha beer, and if my hoss ain’t back outside by the time I finnish, I’m gonna do what I dun in Texas! And I don’t like to have to do what I dun in Texas!”

Some of the locals shifted restlessly. He had another beer, walked outside, and his horse was back! As he swung up into the saddle and started to ride out of town, the bartender ran out of the saloon and asked, “Say partner, before you go... what happened in Texas?” The cowboy turned back and said, “I walked home.”

The sheriff of a small town in the old west is sitting in a rocking chair in front of the towns saloon. He watches a newcomer cowboy ride into town on his horse. The lone cowboy stops in front of the saloon for a drink and hitches his horse. He walks to the rear of his horse, lifts the horses tail up and kisses it right where the sun don’t shine. As the cowboy is walking into the bar the sheriff stops him and asks “Now, why did you just kiss your horse right where the sun don’t shine?” the cowboy replies “I got chapped lips” “and that helps ‘em?” the sheriff asks. The cowboy replies “No. But it sure as hell keeps me from lickin’ ‘em.”

A rancher’s horse kicked his mother-in-law to death. An extra large crowd, mostly men, turned out for the funeral.

The minister commented, “This lady must have been mighty popular for so many people to be willing to leave their work and come to her funeral.”

“They’re not here for the funeral,” replied the rancher. “They’ve come to buy the horse.”

Two old cowboys, confirmed bachelors, got to talking about cooking.

“I got one o’ them cookery books once, but I never could do nothing with it.”

“Why is that?” asked the other. “Too much fancy work in it?”

“You said it.” Replied the first. “I could never get past the first sentence. Seems every one o’ them recipes began the same way: ‘Take a clean dish...’ and that fixed me.”

NOVEMBER 10-12 2011

Come Join Us!

To join or renew your membership with BCHW, complete this application:

- Please PRINT LEGIBLY.
- Sign the LIABILITY RELEASE (all members over 18).
- Make checks out to CAPITOL RIDERS.
- Give or mail the application to Chapter Treasurer:

Traci Koch
61 SE Craddick Road, Shelton WA 98584-9236



Member Info

New Member Renewal – Membership number(s): _____

Adult's name(s): _____

Children's name(s): _____

Address: _____

City: _____ ST: _____ Zip: _____

Phone number: _____ E-mail: _____

Legislative district (if known): _____ County: _____

STATE MEMBERSHIP

Basic Membership

- Single \$36.00
- Family \$49.00

Optional Membership (includes family or single from above)

- Contributing \$65.00
- Sustaining \$100.00
- Patron \$250.00
- Benefactor \$500.00
- Lifetime (Single) \$1200.00

State dues paid online (attach receipt copy)

Additional State Donation \$ _____

Subtotal A \$ _____

CHAPTER MEMBERSHIP

Chapter Name (or Independent): _____

Capitol Riders

Chapter Dues - Single \$10.00
 - Family \$15.00 \$ _____

Additional Chapter Donation \$ _____

Subtotal B \$ _____

Grand Total (A+B) \$ _____

LIABILITY RELEASE & NOTICES

All ADULT members MUST sign! Adult's signature covers minor children.

Recognizing the fact that there is a potential for an accident wherever horse use is involved, which can cause injuries to horses, riders, and spectators, and also recognizing the fact that Back Country Horsemen of Washington, including Chapters, officers, directors, or members, cannot always know the condition of trails or the experience levels of riders or horses taking part in trail rides or other BCHW events, I do hereby release and hold harmless the above named from any claim or right for damages which might occur to me, my minor children, or horses.

Signature: _____ Date: _____

Signature: _____ Date: _____

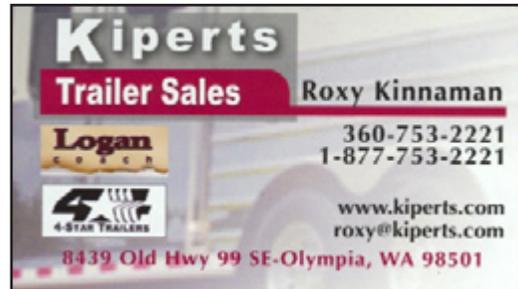
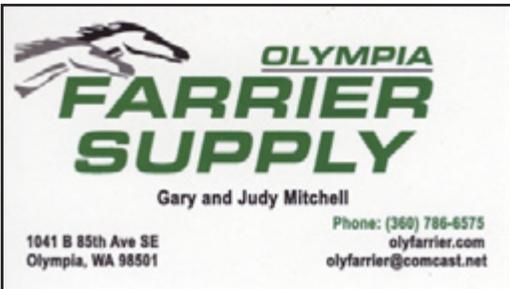
Signature: _____ Date: _____

Back Country Horsemen of Washington (BCHW) is a public charity as defined in Internal Revenue Code Section 501(c)(3). Accordingly, membership dues paid to BCHW may be treated as deductions characterized as "charitable contributions" when computing federal and state income tax obligations.

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