

CAPITOL RIDERS



Hoofbeats - May 2010

Meeting Minutes
5/4/2010
Littlerock Fire hall
Capitol Riders Chapter, BCHW

General meeting - June
1st, Angelle Hickman -
treats



Meeting called to order at 7:06 pm by Steve Russell, President.

Dean introduced guests Wayne and Loretta Watkins who are past members.

Steve discussed parliamentary procedure and asked members to raise their hand in order to be recognized.

April meeting minutes were read by Chris Enrico, chapter secretary. Motion was made to approve the minutes, seconded and passed.



Treasurers report - Traci Koch: Chapter is solvent.

Web/Newsletter - Chris Enrico: Chris asked for photos and articles from the membership.



Club Rides:

Carrie Russell said the chapter currently has Joe Watt Canyon and that she would send out directions, Burnt Ridge (Judy Francis said that is a poker ride and it gets muddy later in the day. Need to be on the trail by 9:30) Members asked about directions and Chris said maps are on the web site.

Kennedy Creek ride is May 22nd. Traci is working the trails. It is a climb but there are trails allowing riders to get back to the valley floor. There are views of Summit Lake and road riding. There is decent parking with food and prizes. There is a 65 foot falls to visit as well as a small lake to ride around and fish from.

Joe Watt Canyon is May 28-31, Peterman ride is June 12, Westport day ride is July 17, Mima Falls is August 14 and Mount Adams is September 4 through 6.



Carrie asked Steve to assign trail bosses. Steve asked Traci to do Kennedy Creek. Traci declined as she will be busy.

Traci mentioned her moonlight ride on June 26th, 10 pm. It's an hour and a half ride with a campfire.

Tootie and Tom will lead the Westport ride, Kathy Manor offered to lead the NW Equestrian Center tour, Carrie will lead the Joe Watt Canyon ride, Steve will lead Peterman trail, Mima Falls is open.

Traci mentioned a ride to Mount Muller at Lake Crescent on August 14th. It is 14 miles of riding and offers views of the Sol Duc valley and the Strait of Juan De Fuca.

Burnt Ridge has no trail boss but it is a marked trail. Mount Adams also has no trail boss.



Judy Francis asked who was going to Burnt Ridge. Riders should arrive at the parking area by 9 am and head out at 9:30. People can meet at either Scatter Creek or Grand Mound.

Work Parties:

Jeff discussed the Mima cleanup. There were runners showing the following day and Friends of Capitol Forest showed up to get things ready.

National Trails Day is June 5th. Meet at 9 am. Jeff will scope the location out with the DNR to see what the group can ac-

complete in one day that will make a difference.

Jeff mentioned that the gun club (Evergreen Sportsman Club) is looking for volunteers for events. Jeff also mentioned he brought Hoofprint applications for those that wanted one.

Ways and Means:

Joyce Nelson said the chapter did well on the garage sale. Anita made a motion to reimburse Joyce for the food. Seconded and approved.

As not all items got sold, Joyce and Anita will plan another sale at the end of July.

Social:

Anita said nothing is planned.

Membership:

Sandra said the chapter now has 31 members.

Correspondence:

Chris said there is nothing to report.

Director:

Jeff was asked by Judy about the BCHW motion on membership. re - "Trygve Culp made motions to table items 1, 2, 3, & 5 of the Membership Resolution. Seconded and passed. Trygve also made a motion to appoint a committee to research item 4 of the Membership Resolution no later than the June Board Meeting." Jeff and Traci made comments in response to Judy's question.

Old Business:

Steve brought up the need for a Legislative Chairperson. Dean nominated Judy who declined as she already works with legislative bills. Steve said Dean also goes the capitol quite frequently. Judy said that she and Dean could share the responsibility. They will send information to Chris who will then broadcast to the members.

Traci mentioned the audit. The question was asked as to when the last one was (3 years ago?) Joyce said to go early and go through the materials. Steve asked Traci about doing it in June and Traci stated that June 8th would work.

Dean said we should do the garage sale again the same day as the Littlerock sale.

Tootie said she had dental clinic coupons for a free wellness exam for those that wanted them.

Jeff said the DNR is needing us to write letters of support for a RCO RTP grant for adapting a trail in the vicinity of Margaret McKenny for winter equine use. (Greenline 6 to 6A and Waddell Loop need trails upgraded.) Contact Phil Wolff of the DNR at philip.wolff@dnr.wa.gov for more information. Ron Hamblen said to draft a letter from the chapter and have members sign it.

The question as to who will provide treats at the June meeting was asked. Angelle Hickman volunteered.

Steve asked for a motion to close. Made, seconded and passed.

Meeting adjourned.

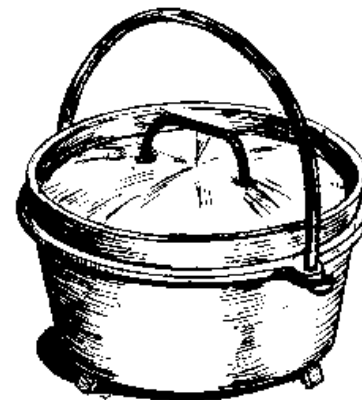
Respectfully submitted,

Chris Enrico
Secretary, Capitol Riders

Creamy Garlic Chicken

4 boneless, skinless, chicken breasts
2 tsp. vegetable oil
1/4 cup Miracle Whip
2 cups frozen, stir-fry vegetables
1 Tbsp. soy sauce
4 cloves garlic, minced

Heat oil in 12" Dutch Oven. Add chicken. Cook 3 minutes on each side. Add remaining ingredients and stir. Cook with 17 coals on top and 8 on bottom approximately 7 minutes or until chicken is cooked through. Serve over rice.



Cowboy Potatoes

12 medium potatoes, sliced
3 medium onions, diced
12 slices bacon, diced
Salt and Pepper to taste
1/2 cup frozen peas
2 cups cheddar cheese, grated

In a 12" Dutch oven, brown bacon; remove to paper towels to drain, reserving drippings. Lightly brown onions in drippings. Stir in sliced potatoes, salt and pepper. Cook with 8 coals on bottom and 17 on top 35-45 minutes or until potatoes are tender. Add peas and bacon; stir. Sprinkle cheese on top. Remove coals from the bottom but leave approximately 15 coals on the lid and cook until cheese is melted and peas are warm.

Italian Zucchini

Diced zucchini or summer squash (1 per person)
1/4 cup olive oil
1/4 cup lemon juice
Salt
Pepper
Romano cheese, grated

Marinate zucchini or summer squash for 30 minutes in olive oil and lemon juice. Place one layer of vegetables in 10" Dutch oven. Sprinkle with salt, pepper and Romano cheese; repeat layers until oven is almost full, ending with Romano cheese on top. Bake at 350 degrees (14 coals on top; 7 coals on bottom) for 30 to 35 minutes.

Apple Crisp

This is a fabulously simple recipe for apple crisp in your Dutch oven. It's so good, no one will know that it only took you 2 minutes to prepare!

2 cans apple pie filling
3 packets instant brown sugar & maple oatmeal
1 stick butter, sliced

Dump apple pie filling into Dutch oven. Sprinkle packets of oatmeal over pie filling. Dot top of oatmeal with pats of butter.

Bake for approximately 35 minutes with 6-9 coals on bottom and 12-18 on top.

Hint: You may want to line your oven with foil prior to making this for ease of cleanup.

Calendar (partial) of Events for 2010 -

- May 28-31 Joe Watt Canyon ride, Thorpe, Carrie Russell
- June 1 General Meeting Littlerock firehall 7 pm
- June 5 National Trails Day Project - Green Line #6 reroute of approx 100 feet, 9 am
- June 12 Peterman Trail ride - Mossyrock, rideout 9:30 am, Steve Russell
- June 19 Mary M Knight school, Matlock, GH Chapter fund ride, \$10, 9-11 rideout
- June 26 Moonlight trail ride, Traci Koch, 10 pm
- July 6 General Meeting Littlerock firehall 7 pm
- July 16-18 Western Dream Ride, Cle Elum, Olympic Chapter event
- July 17 Westport Beach ride, Tom and Tootie Crowson
- Aug 2 General Meeting Littlerock firehall 7 pm



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