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Barry Russell (360) 438-1873

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Jeff Labreck (360) 264-7901

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Traci Koch (360) 427-1499

SECRETARY

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TREASURER

Betty Reichel (360) 456-8623

HOOFBEATS EDITOR

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Hoofbeats

www.capitolriders.org

VOLUME 5, ISSUE 3



MARCH 2008

Why People Volunteer (just a few possible motivations)

- To feel needed
- To share skills
- For a change of pace
- To get to know a new community or neighborhood
- To help someone
- Because a family member or friend pressured them
- To gain leadership skills
- To get a change from being a leader
- To act out a fantasy
- To do their civic duty
- To earn academic credit
- To be with people who are different than themselves
- To keep busy
- The agency is geographically accessible
- To do something with a friend or family member
- To learn the truth
- To do one's share
- To see that resources are well allocated
- For recognition
- To make new friends
- To explore a career
- Parenthood
- To demonstrate commitment to a cause or belief
- To help a family member
- As therapy
- To do something different than their daily job
- For fun!!!
- For religious reasons
- To keep skills alive
- To repay a debt
- As an excuse to do something they love
- To donate their professional skills
- As a family tradition
- To be able to criticize without personal jeopardy
- Because there is no one else to do it
- To get the meals, transportation or other benefit
- To assure progress
- To protect clients from an institution
- To feel good
- To have an impact
- Because their boss expects it
- To be part of a team
- To learn something new
- To be an advocate
- To gain status
- To get out of the house
- For freedom of schedule
- Because they were asked
- Because of who did the asking
- To test themselves
- For escape
- To become an "insider"
- To be an agent of change
- Because of their personal experience with a cause or problem
- Guilt
- Because of interest in or concern for the particular client group
- To gain access to services for themselves

Minutes from February 12, 2008 Meeting (Continued on page 2)

The meeting was called to order by Barry Russell, vice president, at 7:05 pm. There were 16 members and one guest present at the Little Rock Firehouse on Little Rock Road.

The meeting started off with an auction of jackets with Capitol Rider jackets plus some miscellaneous times. We raised just over \$50.

Minutes of the Last Meeting: A motion was made and seconded to approve the minutes of the last meeting as written and published in the newsletter.

Resolved: The minutes of the January 8, 2008, meeting were approved as published in the newsletter.

Treasurer's Report: Betty Reichel presented the Treasurer's Report.

Director's Report: Jeff LaBreck provide an update on the use of BCHW or BCHWS. It appears that we may be able to continue to use the old logo and keep Backcountry as a single word. All members in attendance voted unanimously to retain the logo and keep Back-

country as a single word. This would avoid unnecessary costs for the changes in patches, bumper stickers, letterhead and so forth.

Jeff still has a supply of the BCHW calendars. Please contact him if you are interested in purchasing one.

Recognition of many years of service. It was with great pleasure that Capitol Riders presented Nancy Garred with a plaque and a cake to recognize her many years of service to our chapter. Nancy was gra-

(continued from page 1) **Minutes from the February 12, 2008 Meeting**

cious and the cake was delicious.

Committee Reports Trail Rides/Events: Carrie Russell had no updates to the ride schedule for the chapter at this time. Carrie has extra copies of the planned schedule. Carrie also asked for feedback from the members for other potential locations for rides. Anyone interested can contact her at twalkin1@juno.com or 360-438-1873.

Social Events: Since Shelly Anderson was not in attendance, Carrie reminded all members about the breakfast at JJ North's on February 23.

Any suggestions for social events be provided to Shelly at esa-farm@tds.net or you can call her at 360-978-4089

Trail Maintenance/Volunteer Hours: The first major trail maintenance event will be the Annual Great Gravel Pack-In with Ed Haeffliger as the Work Boss. The new location is at the Mima trail head and people should meet at 9:00 AM. For further information, please contact Ed at 360-427-4297 or ed-sueh@msn.com. Lunch will be provided.

Jeff LaBreck said that the first Chap-

ter Trail maintenance is planned with DNR for Saturday, March 29th at the Mima Campground of Capitol Forest. Please plan to arrive at 9:00 AM.

Membership: Please remember that all dues for 2008 should be sent to Betty Reichel by March 1. Failure to renew by that time will result in eliminating your name from the membership list.

Education: Karen Johnson has been working to find a trainer for a CPR/First Aid class for the chapter. She is looking at sometime in the month of April. Please keep an eye out for emails on the topic. If anyone is interested, please contact Karen Johnson at her email address on the membership list.

Jeff still has a supply of the BCHW calendars. Please contact him if you are interested in purchasing one.

Ritz has registered for the Basic Skills for the Leave No Trace programs coming up in April. The discussion topic for the May meeting will be LNT.

Hoofbeats Newsletter: Thanks go to Cindy Holden on publishing the newsletter. She is on vacation at this time so no update was provided.

Ken noted that the newsletter contains the state website address but should be updated to reflect the chapter's URL. Ritz will speak to Cindy about this.

Ways & Means: Joyce Nelson has identified Saturday, May 3 as the date for this year's years yard sale at her home in Little Rock. This will be for one day only. Joyce will look for assistance both for the sale as well as to mark and clean items to get them ready for the sale. There will be a work session on the night before the sale.

Betty Reichel will put an ad in the Olympian when the date approaches.

Hoofprints Program: Jeff will continue to accept participation forms for this year's Hoofprints Program. Remember, these miles help to track the usage of the trails and the volume of miles we accumulate as a chapter. For further information, please contact Jeff at wild-horses@scattercreek.com. Remember, the year for tracking runs from November 1, 2007 to October 31, 2008. You may already have some miles accumulated.

Historian: Karen and Betty are requesting photos of the flooded areas in Lewis County from the December flood. These will be displayed on the Capitol Riders' board at the BCHW Jubilee in Ellensburg to be held on March 21 to the 23. If anyone has suggestions, photos, artwork

Why People Volunteer

- To be challenged
- To experiment with new ways of doing something
- As an alternative to giving money
- To be a watchdog
- To feel proud
- To stand up and be counted

From The Volunteer Recruitment Book/Ellis
Why People Volunteer...And Don't



Classified Advertising Rates for Hoofbeats Newsletter

Business Cards	\$40/year
1/4 Page	\$20/month—\$75/year
1/2 Page	\$45/month—\$135/year
Full Page	\$55/month—\$200/year
Classified ads, non-members	\$5/month

Ads must be prepaid to Betty Reichel, Treasurer,
3606 Fuller LN SE, Olympia, WA 98501

(continued from page 2) **Minutes from the February 12, 2008 Meeting**

or items to be displayed, please contact Betty or Karen.

Co-Use Program: Since Nancy Gardner found out that the Friends of Capitol Forest do their meetings as part of their work parties so she will be unable to attend. Norm Green will represent Capitol Riders at these events.

Website: Ken Parrish said he is always willing to receive photos and articles for the website. Ken is learning how to use his new software and will do some design updates. He will create some test pages and ask for members.

Old Business:

Jubilee Auction: Jeff provided a brief update from the Committee established for the annual auction. The Committee is prepared to get great results.

A motion was made to provide \$150 to the Auction on behalf of Capitol Riders. Jeff will purchase a saw and Carrie Russell will shop for the rest.

Remember that contributions are also accepted from individual members. Items must be new or gently used, clean and ready for sale. Please contact Ritz Duchesne at 360-438-1805 or Jeff LaBreck at 360-264-7901

Radios: Eric was not in attendance at this month's meeting. He will have them available at the March meeting. If you need yours prior to that, please contact Eric at 360-978-472.

Mission Statement: Since the mission statement for the Back Country Horsemen of Washington State may be revamped, it was decided that this topic would be tabled until the March meeting.

VIP Ride: There hasn't been another meeting of the VIP Ride Committee. Additional information would be provided at future meetings.

Equine Dental Clinics: The date for this year's clinics will be May 10th and November 15th. Slots are still open. Please contact Ritz at horselover.ritz@yahoo.com or 360-438-1805 if you are interested.

Club Jackets: It has been several years since the club ordered any new jackets. Joyce Nelson has agreed to work with Carrie Russell to look at options for jackets and to bring a proposal to the March meeting.

Lewis County Flood Support: Betty Reichel was pleased to note that the membership donated \$800 for Lewis County Flood Support. This plus the \$250 from the Club's treasury makes a total of \$1,050. Following a discussion, it was agreed that this would be donated to Friends of Lewis County Animal Services. Betty and Karen will arrange for the funds to be turned over to the organization.

Leadership Day: A total of 7 members from Capitol Riders participated in Leadership Day in Cle Elum in January. A motion was made and approved unanimously to reimburse the two drivers for their mileage.

New Business:

BCHW as a 501c3 organization: Louise Caywood wrote an article on what this means. This article will be published in The Trailhead News.

Audit Committee: With the change in

Treasurer from Nancy to Betty, an Audit Committee has to be appointed to perform an audit of the chapter's books. Ritz Duchesne and Karen Johnson were appointed but one more member is needed. This should be a person who is not on the Board or an officer. If you are interested, please contact Betty Reichel.


Food for the Great Gravel Haul: Ritz has volunteered to help provide food to the workers at the Great Gravel Haul. Barbara Downing from Pierce County and Traci Koch will also participate. Capitol Riders will bring beans, buns, chips and brownies to supplement what others are providing. A motion was made and approved unanimously to reimburse Ritz for the cost of the food.

Good of the Order:

1. Ritz has a small supply of lanyards with medical information available to members who were unable to attend the Christmas Party. Please contact her at 360-438-1805 to make arrangements for getting one.
2. Nancy Garred made a motion to reimburse Ritz for the costs of the materials for the lanyards. This was approved unanimously.
3. Email: Please limit your emails to Ritz to club business. Photos can be sent to Ken Parrish and he will put them on the website. You can send these to Ken at pack-horseklp@comcast.net.

There being no further business, the meeting was adjourned at 8:30 pm.

Secretary, Ritz Duchesne – horselover.ritz@yahoo.com or 360-438-1805



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STEPHEN D. RUSSELL, D.D.S., P.S.

6344 LITTLEROCK RD. SW
TUMWATER, WASHINGTON 98512

TELEPHONE 943-8182

FAMILY DENTISTRY

Capitol Riders Events & Rides

DATE	EVENT
January 19	Leadership Meeting: CleElum
March 1	Gravel pack work party: Capital Forest
March 21-23	Ellensburg Jubilee Convention
March 29	Work Party: Capital Forest opening clean up
April 19	Chili Dog Ride: Skook: Day ride
May 17	Green Mountain: Day ride/ sack lunch
May 24-26	Wenas campout
June 7	Work day: National Trails week
June 14	Nisqually Mashelle: Day Ride/Sack lunch
July 2-4	Nile Valley or Thorpe Elk Camp: Campout
July 19	VIP Ride: Capital Forest
July 26	Elbe: Day ride or campout
August 9	Capital Forest/Margaret McKenney: Day ride/sack lunch
August 9-10	Mt. Adams Campout
Aug 29-Sep 1 Labor Day	Les Hilde or Salmon Le Sac Campout
Sept 27	Public Lands work party

Call List for Last Minute Fort Lewis Rides (pass required)

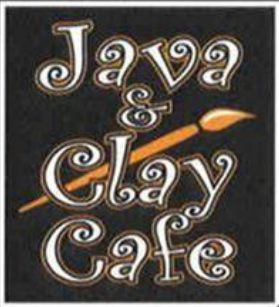
1. Dean Hartman: 705-0664
2. Jane Brooksher: 273-8219
3. Connie Bailly: 273-5552
4. Karen Johnson: 273-8075
5. Lee and Jim Munroe: 866-1790
6. Tom and Tootie Crowson: 866-2298
7. Martha Kesting: 753-3897
8. Diana Gunderson: 943 3121 (prefer week days)
9. Stephen Russell: 951-8927
10. Ritz Duchesne: 438-1805
11. Betty Reichel: 456-8623
12. Barry and Carrie Russell: 438-1873
13. Eric Anderson 360-978-4089

Reminder - Any articles, funny stories, cartoons, announcements, etc. for future newsletters are always welcomed. These can be submitted by e-mailing me at horsehairranch@comcast.net.

Thanks!

Just a little sample of the beautiful country you can see during a group ride with Capitol Riders.





Rosalie C. Blue
Owner

3 2 1 0
Harborview Drive
Gig Harbor
Washington
9 8 3 3 5

253.851.3277

POTTERY PAINTING STUDIO
AND COFFEE LOUNGE

2008 Equine Dental Clinic Schedule

May 10		November 15	
8:00	Ritz Duchesne	8:00	Ritz Duchesne
9:00	Ritz Duchesne	9:00	Terry Jackson
10:00	Carrie Russell	10:00	Gordon Merklin
11:00	Jeff Labreck	11:00	Nina Merklin
12:00	Catch-up and lunch	12:00	Catch-up and lunch
1:00	Shelly Anderson	1:00	*****OPEN*****
2:00	Eric Anderson	2:00	*****OPEN*****
3:00	*****OPEN*****	3:00	*****OPEN*****
4:00	*****OPEN*****	4:00	*****OPEN*****
5:00	*****OPEN*****	5:00	*****OPEN*****

There are still openings available. If you would like to sign up for one of these openings, please contact Ritz at horselover.ritz@yahoo.com or 360-438-1805

Kipert's Trailer Sales



Come see the new line up of Logan Coach Aluminum Skin Horse Trailers!



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C. Holden

Editor, Hoofbeats

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Olympia, WA 98512

E-mail: horsehairranch@comcast.net

<http://www.capitolriders.org>

www.bchw.org

2008 Capitol Riders' Meeting Schedule

All meetings are the second Tuesday of the month at 7:00 p.m., Littlerock Fire Department ,

10828 Littlerock Road SW, Olympia, WA 98512

January 8	No meeting in July
February 12	August 12
March 11	September 9
April 8	October 14
May 13	November 11
June 10	No meeting in December

Happy Birthday!!!

March Birthdays

6th—Rosalie Blue

16th—Gary Skinner

31st—Heidi Rudesill

