

CAPITOL RIDERS



Hoofbeats - January 2011

General meeting Feb 1st, 7pm
Dean Hartman - treats



If you've not yet renewed your membership for 2011, dues are due. See the membership application towards the back of this newsletter.

There has been a change in leadership due to Steve Russell having to step down. Dean Hartman is now President for 2011 as well as Alternate Director. The position of Vice President is still undetermined.

BCHW Capitol Riders

Meeting Minutes

January 4, 2011

Chapter Officers for 2011

President - Steve Russell (retired position) New President - Dean Hartman

Vice President - Dean Hartman

Secretary - Connie Bailey

Treasurer - Traci Koch

Director - Jeff LaBreck

Alternate Director - Steve Russell - 2 yr. Term New Alt. Director - Dean Hartman

Call to order

President Steve Russell called to order the regular meeting of the Capitol Riders Chapter, BCHW at 7:05 PM on 01/04/2011 in Littlerock Fire Hall.

I. Approval of minutes from last meeting

2011 Secretary Connie Bailey read the minutes from the last November meeting. The minutes were approved as read.

II. Open issues

a) President Steve Russell announced that he must retire from the Board due to medical reasons. Steve nominated Dean Hartman to take over his duties as President and Alternate Director. Dean accepted the nomination. Motion made to approve, seconded and passed.

b) Nominations for Vice President - Joyce Nelson; Joyce requested time to consider this position. Tabled for the Feb 1st, meeting.

III. Guest Introduced: Peggy Tucker

IV. Treasurers Report: Traci reported we are solvent.

V. Newsletter-Webmaster: Chris announced the updates on the web site of Chapter Rides with the addition of Historical information.

a) Chris requested from the Ride Committee: 1)Time and meeting location of Caravans 2)Trail Bosses 3) Ride Times and any other information that would be helpful.

VI. Activity Committee

a) **Ride Committee:** Sandra White replaces Judy Francis.

Carrie will revise the May 7th scheduled ride due to a conflict with the Dental Clinic scheduled on May 6th. It is recommended that horses be allowed 3 days downtime after their dental work.



b) 2011 Work Parties: Jeff reported - Nothing at this time

c) Ways & Means: Garage Sale in May, location TBD. Dean informed membership that this was sponsored and advertised annually by Littlerock to support Breast Cancer Research. Participants pay \$25.

Raffle Tickets: Dean suggested selling Raffle Tickets. Denise Shawe offered to help supply tickets along with Traci Koch. Traci also mentioned that the cost of these tickets were approx. \$7 per thousand. Angelle Hickman volunteered to sell the tickets at the beginning of each meeting.

d) Social Events: Sandra made a motion to provide a Gift Card of \$50 to Rob Keyser for hosting our 2010 Christmas party at his barn. Angelle suggested a gift card purchase at El Sarape. Motion approved, seconded and passed.

e) Membership: Sandra announced that we have received 13 paid registrations for 2011 memberships and will send out reminders.

f) Correspondence: Chris & Connie. Nothing.

VII. Director: Jeff reported on trail 6a 'Swamp Section' and Porter 8 asking \$3,000 to fix. During the Gravel Haul, March 5th, Phil is also hoping to enlist help from the 'Friends of Capitol Forest', our bicycle folks. On the Nisqually-Lost Valley Loop area, there is a proposal request of \$5,400. Jeff said the calendars for next year will include a raffle ticket. Details are not cut in stone.

VIII. Old business Jeff reported that the State is out of Money- Only 1/2 of the NOVA federal money. Discussed \$75,000 BCHW approved funds only 13,000 left. Chris noted, Feb 2nd, is the tentative date scheduled for Legislative Day.

IX. New business

a) Bylaws - Dean reported status as 'adopted'.

b) Dental Clinic - Connie reported 1st scheduled Dental Clinic, Friday May 6th and will contact Ritz. Ritz holds Clinic's on Saturdays.

c) LNT - Karen Johnson volunteered as the Capitol Riders LNT representative. Jeff made a motion for the Club to approve payment of \$50 for Karen's LNT training in Randle, WA scheduled for April 9-10, 2011. Motion was seconded and passed.

d) LNT Volunteer's requested at Cabela's, Feb 18-20 and Clark County Horse Expo, March 18-20. Chris will resend notice to membership. LNT contacts: Doc & Deb Wesselius, 360-736-6106.

e) Prairie Park Critical Area Ordinance - Dean discussed with the membership the importance of property owners to become informed on this subject and recommended that we attend the Public Meeting scheduled for Jan 20th at 5:30PM. Tootie stated that she would resend the Public notice for Connie to distribute to membership.

f) BCHW Annual Meeting held in Ellensburg, March 18-20th. Auction on March 19th. Jeff announced that Laura Kingman volunteered with the table decorating; we have an 8 person table.

g) Business Cards - Chris announced that he has Business cards.

h) iGive donations - Connie reported: Currently 7 club members have registered. This activity has generated a 2010 donation to our Club of \$46.07. A Check from iGive will be sent to Traci on or about March 15, 2011.

i) Dick Yarboro reimbursement. Jeff & Dick rode together to Ellensburg for the directors meeting. Total gas \$80. Dick told Jeff to put \$10 towards chapter membership and send a check to him for the remainder. Traci said that this has been taken care of.

X. Treats for February Meeting: Dean to bring pepperoni

XI. Adjournment

Dean Hartman adjourned the meeting at 8:00 PM.

Minutes submitted by: Connie Bailey

Minutes approval by: Membership on _____

December 4, 2010
BCHW Directors Meeting
Ellensburg, WA

1. Darrell Wallace called the meeting to order at 9:00 am. He had introductions of old and new Directors and established a quorum with all chapters except Nisqually present. Revised agenda and third quarter minutes approved.
2. Ken Carmichael talked about the proposed 5 year plan. Bill Bailey talked about the 5 year plan and 2 proposed fund raising plans for BCHW activities and multi-use trail activities. A Sponsors Aid Committee was discussed.
3. Mike Mahaffey talked about a formalized plan to approach sponsor businesses with literature and information to hand out. We now have \$4250 of checks from sponsors with more pledged.
4. Teri Starke presented the projected 2011 budget and moved to adopt it. Discussed and carried.
5. Dave Swanberg reported on Rendezvous 2011 and vendor interest is down. Barb Apple will have demonstrations. Members can bring their horse with 2 sessions per day, cost \$40 per day including stall. Scattercreek will have a table decorating contest. Laura Kingman is in charge of decorating Capitol Riders Table. There will be 28 round tables available to reserve and decorate.
6. Trygve Culp talked about the BCHA Appeal Letter and the need that BCHA has for extra money. We as BCHA members should make contributions to BCHA. Bob Gish seconded this appeal for BCHA funding. Mike McGlenn applauded Trygve's good job as BCHA Director and Bob Gish was elected to fill the BCHA Director position that Trygve vacated. Lori Lennox was elected to fill the Alternate Director position that Bob Gish vacated.
7. Bob Brooke talked about the contract that was roughed out with Gjurrasic and Kohl for lobbying work. They will help us on demand for \$3,000 per year. Dave Jackson amended to control pre-approved entertainment expenses. Motion made and carried to approve contract as amended.
8. Dave Jackson moved that we adopt the current Calendar Raffle Proposal. Much discussion followed by a show of hands voting. Motion carried with 23 votes.
9. Jeff Chapman gave the Public Lands Report and talked about the Sustained Recreation Work Group and the DNR need for funding. We will send a letter to Legislators in support of the WDFW and Rocky Mtn. Elk purchase of the Plum Creek Land near Wenas. He suggested sending a letter to DNR in support of keeping Tunerville Horse Camp open. He talked about the DNR need for additional funding and how we can get all the user groups to agree on some sort of equitable fee. The sense of the board was to oppose an access fee and support an amenity fee.
10. Lori Lennox talked about awards and asked for an additional \$200 to recognize the Trail Warrior and Desk Jockey categories. Motion made and carried. Lori talked about several special awards. Jackie Angermier donated \$100 from her company for a special award.
11. Trygve Culp gave the Education Report and said he needed to know about any changes that anyone wants to make to the Member and Leadership Training Schedule. Jane Byram asked for approval to apply for the 2012 LNT Grant through RTP and showed us the new 50 lb LNT trash bags that are available for fifty cents each.
12. Doc Wesselius passed out a Stock Safety DVD with voice over. More DVD's to follow.
13. Darrell Wallace said if we think we will need an additional Insured to get on the list for the discounted price of \$50. Requests for insurance cert or AI need to be filled out online and sent to Jeanne Paddock. We need a new insurance coordinator. The Board moved and approved to have Darrell Wallace sign the Insurance Agreement. Darrell said all chapters need to adopt new Bylaws and send them to Teunis for review.
14. Heather Moorman gave the Membership Report and talked about each chapter having a Membership Coordinator. She needs someone to maintain the BCHW/BCHA complimentary list.
15. Traci Koch talked about the Volunteer Hours Report and that the administrative section has problems with its method of accounting.
16. Dick Yarboro talked about the good articles they are getting for the THN. He needs any articles about Rendezvous by the middle of February to get in the Mar/Apr issue. He has about 500 of the BCHW Brochures left.
17. Jim Thode wants anyone with ideas about using credit cards at the Auction to contact him.
18. Motion to adopt the 5 year plan with amendments to have fund distribution in %, discussion followed, motion carried.
19. Darrell Wallace brought up gaming activities and Dave Jackson suggested Darrell contact the Gaming Commission to find out how raffle rules apply to BCHW and the chapters.
20. Mike McGlenn said that his chapter sends the members a bill for their renewal and it works well. Heather Moorman will be sending out a file with pre-filled out applications. Vickie Clark needs Calendar Photos by the end of March for the 2012 Calendar. Mike McGlenn said that the USFS needs photos for usage in their newsletters and publications.

21. Jeff Chapman said that BCHW LNT had a display and presentation at the Washington State Trails Conference.
22. Darrell Wallace said that all chapters need to submit their Directory information and any changes on the online form. All Donation Receipts need to be sent to Teri Starke quarterly. Use the BCHW form only. We will have a new person for the BCHW Store. Dan Chappell brought a certificate of appreciation from Naches Ranger District to BCHW. Robert Eversole, Tahoma Director, will be collecting Rendezvous Auction Items and will be contacting all the Directors. Bob Gish said that two horses need to be transported from Ellensburg to Spokane.
23. Darrell Wallace adjourned the meeting at 2:00 pm. This was an efficiently run and informative meeting that finished ahead of schedule.

Jeff LaBreck
Director

December 3, 2010

Public Lands Meeting

Ellensburg, WA

1. Darrell Wallace called the meeting to order at 9:03 am and turned the meeting over to Bob Gish who had the guests introduce themselves.
2. Commissioner Peter Goldmark from DNR was the first speaker and he talked about the budget issues. He presented a plaque to Okanogan Valley Chapter for their work in Loomis State Forest.
3. Rance Block of the Rocky Mtn. Elk Foundation talked about the new Naneum State Forest. Four Sections are acquired with 12 more to go. We will advocate for WWRP Funding in the Legislature for these purchases.
4. Mark Mauren of DNR talked about recreation plans for Reeder, Ahtanum and Yacolt. He mentioned the Forest Watch Program, the shrinking budget, Nova Funds and the importance of volunteer help. He talked at length about the Forest Pass Program and that it would give DNR a funding source separate from the General Fund.
5. Jeff Chapman talked about the Peoples View Report about wildlife and their management. Lori Lennox read the retirement letter that BCHW is sending to Rex Derr.
6. Sam Cook of Colville National Forest talked about the Cost Share Plan with the Northeast Chapter to pay them for pack stock and other project costs. Margaret Tolville talked about the Okanogan, Colville and Wenatchee Forest Plan Revisions and the comment period. Kevin Martin talked about the Umatilla and Wenard National Forests. The trail crews accomplished a lot last summer and are looking forward to a lot of work in the summer of 2011.
7. Gary Paull of Mt. Baker – Snoqualmie National Forest talked about the North Pratt Wilderness addition to the Alpine Lakes Wilderness. Volunteers did about 60,000 hours of work in 2010.
8. Gary Davis of the Skykomish National Forest said that they got a lot of work done in 2010 due to the maintenance money they got. A new toilet at the Les Hilde Trailhead, Wild Sky Wilderness Preliminary Trail Plan was started and they worked on the PCT. Joe Neal will be the new District Ranger starting January 2011.
9. Brenda Yankoviach of Wenatchee National Forest talked about the merging of Okanogan and Wenatchee National Forest Websites this winter. They did about 50 miles of tread work on the PCT. The Naches District cleared about 270 miles of trail. The Tonasket Ranger District worked on several projects including the Whistler Mountain Trailhead.
10. Judy Holliday of the Cle Elum Ranger District reported that the PCT was opened above Lena Creek and they are engineering the Waptus Bridge now. State Creek Bridge is closed with a ford for horses close by. Funding will be down and help on a big project will be needed in 2011.
11. Randy Batiah from the Entiat Ranger District said they annually maintain about 280 miles of multi-use trail. They replaced a lot of puncheons in 2010 and will be putting in two 5 spot horse camps in the Entiat Valley that will be funded in 2013.
12. Bob Sterr talked about the Wenatchee River area PCT trail work and damaged roads repair. Rusty Taylor talked about the USFS pack animals and the fact that their numbers seem to be getting trimmed down.
13. Bob Gish stressed the absolute importance of being vocal and communicating with the Land Managers and Legislators about our concerns and issues that adversely affect us.
14. Bob Gish adjourned the meeting at 3:35 pm. The meeting was informative and educational.

Jeff LaBreck
Director

Leave No Trace in the Winter

LNT Principle #1: Plan ahead and Prepare

With the short, dark and cold days of winter come thoughts of the warm, sunny days of summer riding and camping. Where do you want to ride next summer? Are you going to a new destination? If so, now is the time to plan your trip. Get as much information on the area where you will be camping. Will you be on USFS, BLM, WDNR or WDFW land? Do you know the requirements (permits, hay requirements, camping fees, etc.) for camping/riding in a chosen location? If going out of state you will need a veterinary health certificate and your horse may need additional vaccinations or blood tests. (Get these done at least 2 weeks before your departure date.) Be sure to get maps of the trails in the area. You may purchase Green Trail maps for many areas in Washington State by going to outdoor stores. In other states you may need to use Cowboy maps or obtain maps from a USFS or BLM regional office. There are also maps available online if you have the ability to find them and print them.

LNT Principle #2: Camp and Travel on Durable Surfaces

Winter presents a challenge for us in the Pacific NW. Trails become wet and very muddy. The number of backcountry users continues to grow and every impact by a user is more important and more visible. Hikers and bikers outnumber us so their impression of us is often what you leave behind. This not only includes the usual piles of “horse pucky” but also deep, water-filled hoof marks. So what do we mean by “travel on durable surfaces”? It means we choose trails we travel by how well their surfaces will stand up to the impact of our horses’ hooves. This may mean we choose not to ride certain trails until a drier part of the year. You may need to choose riding logging roads or old road surfaces. When you come to a muddy patch of trail go through the middle rather than on the edges—that increases the size of the muddy area and further widens and erodes the trail. Ride single file through these areas of high impact but in open areas with a firm surface you can spread out so that there will be less impact and allow the area to recover. Select routes such as dry meadows or areas that are rockier. When you come to a stream crossing look for a route that is the safest, but also the most durable. In other words, try to cause the least damage to the banks and stream bottom.

Remember that Leave No Trace (LNT) is about being conscientious and following principles. Principle #2 is about traveling through an area with leaving little evidence of your passing through. This includes parking at trailheads too.

By Karen Johnson
Capitol Riders LNT Representative

BCHW Rendezvous, New for 2011- Okanogan Valley Chapter used Tack Consignment Sale

March 18-22 Ellensburg fairgrounds

As a new item at the 2011 Rendezvous, Okanogan Valley Chapter will offer a used tack consignment booth. Members and others would be welcome to bring their new or clean, gently used equine related items to our space for possible resale to others looking for just what you no longer need. You determine the price and we will do the rest. A 15% commission will be charged to the seller for any items sold.

We are expecting to receive several saddles so if you want your saddle displayed on a saddle stand, you will need to provide one. We will offer a courtesy bulletin board for the posting of pictures and ads for trailers and horses.

Used halters are poor sellers so consider the quality of your used halter and lead. Historically only quality show halters sell well. All unsold items must be picked up at the end of the sale.

Further information, please contact Peggy Swanberg at 509-486-1107 or e-mail at <mailto:davenpeg@gdimail.net>davenpeg@gdimail.net

Calm and Collected, by Chris Irwin

I believe that the phrase "natural horsemanship" is a dangerous oxymoron. It suggests that horses are fine as they are, that humans just screw them up and the trainer's job is to return the animal to its original state of grace. The problem here is that there is nothing natural about what we are doing. We are not only trying to convince a prey animal to allow a human being, a predator in the eyes of the horse, on its back and control its every movement, we are trying to get them to like it. Trying to pass this off as "natural" causes confusion that results in real physical consequences for both horse and rider. The natural conformation of a horse's back is inverted, not rounded. Some breeds are more naturally rounded than others, and alpha stallions and mares in the wild achieve that state for brief moments, but you will never see a consistently rounded and collected horse cantering around in the wild. It emphatically is not natural. While it is vital to understand a horse's natural behaviour, too much emphasis on the "natural" results in riders sitting atop inverted horses. That's bad for a horse because its back then has less strength to carry the rider and is drastically inhibited from achieving maximum forward impulsion from its hindquarters. And it's bad for the rider, too.

Let me reiterate: We are not trying to create something natural here, or allow our horses to behave as they do out in the pasture. I don't want a natural horse, I want a super-natural horse. What we can and should do is tap into the natural psychology and etiquette of the herd. That allows us to pursue our own ends while keeping the horse's best interests in the forefront. That's quite different. We're saying, "I know you don't normally stay in this shape, but that's what I want you to do because if you try it you'll find out how much better you can move and feel with me up here on your back. It's the best use of your mental and physical potential and it'll allow you to carry me comfortably and confidently." We're using natural means, but to artificial ends. And as long as we keep the horse's best interests in the forefront, I believe that's how it should be. As Oscar Wilde once said, "Nature is what we are put on earth to rise above."

What a collected horse and rider should be aiming to do is create a unit in which the body, mind and spirit of both creatures are balanced and working together towards achieving maximum potential. The rider becomes a sort of benevolent shepherd to the horse and has its complete trust, while the horse becomes an agile and powerful companion, willing to help out with what the rider can't do for himself. Our ultimate goal is to resolve the predator and prey polarity. We have to understand it, embrace it, and we have to use it, but eventually we want to evolve beyond it. We want to create a new thing - a two-headed entity that has balanced its predator focus, drive and aggression with the awareness and group-oriented mindset of prey consciousness.

Of course, whatever we do to the horse we must first create within ourselves. If we're going to be in that kind of partnership within the riding arena, we need to carry that kind of mental balance around with us everywhere we go. It's not something you can turn on and off - although I can't see why you'd want to. I think the world is desperate for people who can compete with each other without victimizing the loser, for people who can see past their own immediate needs, who can lead with the best interests of the herd at heart. In fact, I think this is the next step in human evolution.

The human-horse partnership, however, is not an equal one. Make no mistake about it, our horses need far more from us than our dogs and cats. You can be a big softy and be pals with your dog or cat and let them run up and jump on you, bump into you, or ignore your commands and basically do whatever they want. You can even do this with your kids if you want. But keep in mind that first of all dogs and cats are predators and are much more naturally aligned with our innate behavior and body language. Secondly, our dogs and cats are a fraction of the size of our horses and we don't risk our lives by climbing on their backs and expecting them to let us control their direction. In short, the realities between horses and humans are worlds apart but we ask far more of them than any other animals because we like to ride them. We assume more risks with horses than with any other animal on the planet. Just look at what happened to poor Christopher Reeves. Horses are magnificent creatures who offer us a unique window into our souls and an opportunity to develop them, but we can't ever lose sight of the fact that, ultimately, they are potentially very volatile and dangerous and they look to us for leadership. That means that while we may ride them into collection and travel a long way with them on the journey, there's one more step the human has to take. If we want the type of leadership I've been talking about, there's only one way to convince the horse to give it to us. Restraints won't do it, spurs and big, punishing bits won't do it, bribing them with carrots won't do it and trying to communicate with them from the heart on some sort of psychic level won't do it. There's only one pillar this kind of leadership can rest on: the rider's own integrity.

Becoming a truly well-balanced rider in order to develop the kind of integrity a horse will respond to will eventually require us to come to grips with our own deepest contradictions. There's no other way. It's like the old joke about what you have to know to teach school: one thing more than the students. Just as we've balanced out predator and prey, we now have to look within and discover how to find balance between our outward selves and personalities with our inner self, our shadow side. To bring out the very best in our horses we first need to step into our own inner-round pen and dance with the dark horse that hides deep within us.

This and other articles are available at www.horse.com

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Come Join Us!

To join or renew your membership with BCHW, complete this application:

- Please PRINT LEGIBLY.
- Sign the LIABILITY RELEASE (all members over 18).
- Make checks out to CAPITOL RIDERS.
- Give or mail the application to Chapter Treasurer:

Traci Koch
 61 SE Craddick Road, Shelton, WA 98584



Member Info

New Member Renewal – Membership number(s): _____

Adult's name(s): _____

Children's name(s): _____

Address: _____

City: _____ ST: _____ Zip: _____

Phone number: _____ E-mail: _____

Legislative district (if known): _____ County: _____

STATE MEMBERSHIP

Basic Membership

- Single \$36.00
 Family \$49.00

Optional Membership (*includes family or single from above*)

- Contributing \$65.00
 Sustaining \$100.00
 Patron \$250.00
 Benefactor \$500.00
 Lifetime (Single) \$1200.00

State dues paid online (attach receipt copy)

Additional State Donation \$ _____

Subtotal A \$ _____

CHAPTER MEMBERSHIP

Chapter Name (or Independent): _____

Capitol Riders

Chapter Dues - Single \$10.00
 - Family \$15.00 \$ _____

Additional Chapter Donation \$ _____

Subtotal B \$ _____

Grand Total (A+B) \$ _____

LIABILITY RELEASE & NOTICES

All ADULT members MUST sign! Adult's signature covers minor children.

Recognizing the fact that there is a potential for an accident wherever horse use is involved, which can cause injuries to horses, riders, and spectators, and also recognizing the fact that Backcountry Horsemen of Washington, Inc., including Chapters, officers, directors, or members, cannot always know the condition of trails or the experience levels of riders or horses taking part in trail rides or other BCHW events, I do hereby release and hold harmless the above named from any claim or right for damages which might occur to me, my minor children, or horses.

Signature: _____ Date: _____

Signature: _____ Date: _____

Signature: _____ Date: _____

Backcountry Horsemen of Washington (BCHW) is a public charity as defined in Internal Revenue Code Section 501(c)(3). Accordingly, membership dues paid to BCHW may be treated as deductions characterized as "charitable contributions" when computing federal and state income tax obligations.

Calendar (partial) of Events for 2011 -

Jan 29 - Low Cost Gelding clinic , register and pay by Jan 21 Kathy Bailey 360-701-2007

Feb 1 - General meeting, 7 pm, Littlerock Fire hall

Feb 2 - Legislative Day 9am Olympia

Feb 18-20 - NW Horse Expo, Clark County fairgrounds

Mar 1 - General meeting, 7 pm, Littlerock Fire hall

Mar 5 - DNR Gravel Haul, Capitol Forest 9 am Margaret McKenny

Mar 18-20 Olympic chapter LNT display at Cabela's, Lacey

Mar 18-22 BCHW Rendezvous, Leadership Training, Auction, Dinner, Dance and
General Membership Meeting, Ellensburg (Jeff LaBreck 360-264-7901)

Apr 5 - General meeting, 7 pm, Littlerock Fire hall



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