

CAPITOL  
RIDERS



OLYMPIA, WA.

# HOOFBEATS

## AUGUST 2013

Next meeting August 6th 7 pm  
Karen (Coffee), Peggy (Treats)



The next general meeting is scheduled for August 6th, 7 pm at the Littlerock firehall on Littlerock Road.

Karen Johnson will be delivering your BCHW Store items. If you ordered anything and gave her money at the June meeting, come pick them up or make other arrangements. Karen's phone is 360-273-8075 or email at KJRJATPRAIRIERIM@aol.com.

A chapter treasurer is desperately needed. All that is required is a Windows computer capable of running Quickbooks accounting software. The ability to add and subtract is a definite plus. Time required each month would be minimal but feel free to contact Traci (she won't be at the August meeting but you can get her email or phone number off the web site. *hint - officers or members*) or contact me at 360-459-4759.

Refer to last months newsletter for the meeting minutes so you can do a good job with motions, seconds and approving at the meeting.

From President Laura:

I trust this newsletter finds all of you enjoying your summer.

I hope you and your horses (and mules) are happy and healthy. I hope you are getting a chance to enjoy our sunshine and getting out to ride and enjoy our beautiful state.

Give your horse a kiss. See you soon.

Laura

the trails. There is the Cedar River trail of course but it is typically congested with all the other user types.

Not all are on the "official" schedule but this is what Barry and Carrie have planned -

Indian Camp Aug 1-4  
Mt. Adams Aug 8-11  
Les Hilde Aug 22-25

I'd sent a survey out via email listing the upcoming rides and asking members to let me know which they planned on. I've heard back from maybe two people. Does not bode well for the group going on group rides.

We don't have a Directors Report this month (from the June meeting in Ellensburg) so I'm not sure how many pages I can fill up with my abc's but I'll do my best to make this newsletter worth reading. Karen did say she'll fill us in at the meeting.

Recently there was a bike/horse collision in the Capitol Forest. Both it seems were moving fast and both were approaching a blind corner from opposite directions. No major injuries but the horse rider did have to get 15 stitches on the face. The horse sustained no injuries and the bike rider was pretty shook up. Moral of this story - Remember that the trails are multi-user and to ALWAYS expect the unexpected. And don't approach blind curves at high speed no matter your chosen mode of transportation.

Now that summer is here and it's officially hot, please be careful with fire. If you are going to have one it would be a good idea to practice your LNT skills and place the fire on a blanket of some kind, any kind so it doesn't go deep and travel into tree roots and smolder. Use a "fire blanket" if you have one.

The recommended alternative is something like Cabela's Camp Chef Portable Propane-Powered Fire Ring. It's DNR approved.



Notes about rides on the schedule -

Danville Georgetown: I found out through a Tahoma chapter member that starting mid August they will be logging there. Put's a definite dampener on things. Also it only takes 40 minutes to ride all



## Currently Scheduled Events - partial for 2013

### July

27 - Pack Forest day ride 11 am ride out (Eatonville)

### August

1-4 - Indian Camp campout (Teaway)

3 - Capitol Forest, Endurance Ride Conference, 360-798-6673

6 - General Meeting Littlerock fire hall 7 pm

10 - Grayland/Westport day ride 11 am ride out

17 - Danville Georgetown day ride 11 am ride out (Maple Valley)

22-25 - Les Hilde campout (Sedro-Woolley)

24 - Peggy Bolling Memorial Scholarship ride, Shelton, first rider out 9 am, \$7.00

31 - Green Mountain day ride 11 am ride out (Bremerton)

### September

3 - General Meeting Littlerock fire hall 7 pm, date tentative

5-8 - Keenes Horse Camp campout (Randle)

21 - BCHW Director's meeting, Ellensburg

21 - Capitol Forest - Equestrian Courtesy Day - Fall Creek Camp

26 - DNR User meeting 6 pm, 801 88th Ave Tumwater

28 - National Public Lands Day work party Capitol Forest

### October

1 - General Meeting Littlerock fire hall 7 pm

26 - National Mule Day

## Weird and strange laws as related to horses and mules:

It's illegal in Marion, South Carolina, to tickle a female under her chin with a feather duster to get her attention while she's riding a horse.

In New York City, it is illegal to open or close an umbrella in the presence of a horse.

It is illegal to fish from horseback in Washington D.C, Colorado, and Utah.

Tennessee prohibits riders from lassoing fish.

A British law states that an Englishman must not sell a horse to a Scotsman.

Horses are required to wear hats in hot weather in Rasario, Argentina.

In New York a fine of \$25 can be levied for flirting. This old law specifically prohibits men from turning around on any city street and looking "at a woman in that way." A second conviction for a crime of this magnitude calls for the violating male to be forced to wear a "pair of horse-blinders" wherever and whenever he goes outside for a stroll.

In Guerne, Illinois, it is illegal for women weighing more than 200 pounds to ride horses in shorts.

In Kentucky, it is illegal for a woman to appear in a bathing suit on a highway unless she is: escorted by at least two police officers; armed with a club; or lighter than 90 pounds or heavier than 200 pounds. The ordinance also specifically exempts female horses from such restrictions.

In Waco Texas, it's illegal to toss a banana peel on the streets because a horse could step on the peel and slip.

If you're riding through Charleston South Carolina, your horse has to be wearing a diaper. It's the law.

### **Some British Horse Jokes (Those brits do like their humour and whiskey):**

A white horse walks into a pub and asks for a whisky. The landlord says: "Hey, we've got a whisky named after you." The horse replies: "What, George?"

A horse trudges slowly into a pub and orders a drink. "Evenin'" says the barman, "why the long face?"

A horse walks into a smart cocktail bar. The doorman says: "Wait you can't come in here without a tie." The horse goes out to his car, looks in the boot and gets a set of jump leads, which he ties around his neck. He goes back in and says to the barman: "This alright?" The barman says: "Hmm, ok... but don't be starting anything."

A poorly-looking horse limps into a bar with a bandage round his head. He orders a glass of champagne, a vintage brandy and two pints of Guinness. He downs the lot and says to the barman: "I shouldn't really be drinking this with what I've got?" "Why, what have you got?" "About £2 and a carrot."

Which side of a horse has more hair? The outside

What's a horse's favourite TV show? Neighbours

A racehorse owner takes his horse to the vet. "Will I be able to race this horse again?," he asks The vet replies: "Of course you will, and you'll probably win!"

Did you hear about the depressed horse? He told a tale of whoa!

A dead horse walks into a bar and orders a whisky. "I'm sorry, sir," says the barman. "We don't serve spirits.

Black Beauty, she's a dark horse.

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At the July 4-7 work party up at Lion Rock (clean up of the trails around Haney Meadow) Prime Rib was served up for dinner on Friday. Having seen some photos of the meat in the ovens (Dutch) I can attest that it was perhaps dry. (But not having been there I could be wrong). But here is a prime rib recipe done up using rock salt to encase the meat. It comes out perfectly done and it's always moist and juicy.

"Middle Fork Tender" Prime Rib

*Middle Fork as in Middle Fork of the Salmon River, Idaho.*

Ingredients:

Bone-in beef roast (1.5 servings per pound)

Ground Black Pepper

Garlic Powder

Rock Salt (water softener type is okay)

Directions:

Coat the roast with the pepper and garlic powder.

Place 1 inch of rock salt in the bottom of the oven.

Place the roast on the rock salt and fill the oven with more rock salt completely covering the roast. Don't worry, your roast won't be over salted — the salt is used to hold temperature and seal in juiciness.

Lay down a solid layer of coals just smaller than the footprint of the oven, and place the oven on the coals. Top the lid with more coals (totally cover it!)

After about 3 hours, remove the coals from the lid, carefully open the dutch oven and use a meat fork to gently pull your roast out of the salt. The roast should be medium rare. If you'd prefer medium or well-done, leave your roast sitting in the dutch oven off of the coals for an additional 15 minutes for medium, 30 minutes for well-done. (Remember to replace the coals about every 20 minutes. Build a new bed and move the oven over.)

Source: Mountain Sobek Travel (They serve this up on their float trips on the Salmon)

NOVEMBER 10-12-2011

# Come Join Us!

To join or renew your membership with BCHW, complete this application:

- Please PRINT LEGIBLY.
- Sign the LIABILITY RELEASE (all members over 18).
- Make checks out to CAPITOL RIDERS.
- Give or mail the application to Chapter Treasurer:

Traci Koch  
61 SE Craddick Road, Shelton WA 98584-9236



## Member Info

New Member       Renewal – Membership number(s): \_\_\_\_\_

Adult's name(s): \_\_\_\_\_

Children's name(s): \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ ST: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone number: \_\_\_\_\_ E-mail: \_\_\_\_\_

Legislative district (if known): \_\_\_\_\_ County: \_\_\_\_\_

### STATE MEMBERSHIP

#### Basic Membership

- Single                      \$36.00
- Family                        \$49.00

#### Optional Membership (includes family or single from above)

- Contributing                \$65.00
- Sustaining                 \$100.00
- Patron                        \$250.00
- Benefactor                 \$500.00
- Lifetime (Single)        \$1200.00

State dues paid online (attach receipt copy)

Additional State Donation \$ \_\_\_\_\_

Subtotal A \$ \_\_\_\_\_

### CHAPTER MEMBERSHIP

Chapter Name (or Independent): \_\_\_\_\_

#### Capitol Riders

Chapter Dues - Single \$10.00  
   - Family \$15.00 \$ \_\_\_\_\_

Additional Chapter Donation \$ \_\_\_\_\_

Subtotal B \$ \_\_\_\_\_

Grand Total (A+B) \$ \_\_\_\_\_

## LIABILITY RELEASE & NOTICES

All ADULT members MUST sign! Adult's signature covers minor children.

Recognizing the fact that there is a potential for an accident wherever horse use is involved, which can cause injuries to horses, riders, and spectators, and also recognizing the fact that Back Country Horsemen of Washington, including Chapters, officers, directors, or members, cannot always know the condition of trails or the experience levels of riders or horses taking part in trail rides or other BCHW events, I do hereby release and hold harmless the above named from any claim or right for damages which might occur to me, my minor children, or horses.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Back Country Horsemen of Washington (BCHW) is a public charity as defined in Internal Revenue Code Section 501(c)(3). Accordingly, membership dues paid to BCHW may be treated as deductions characterized as "charitable contributions" when computing federal and state income tax obligations.

# Sponsors



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Ad Rates for your ad in both the web site and newsletter :

(per year)

Business card - \$25

1/4 page - \$48

1/2 page - \$72

full page - \$100 (subject to board approval)

Business card or your production ready artwork.

This space for rent!

This space for rent!

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Chris Enrico  
4809 24th Ave SE  
Lacey WA 98503

Capitol Riders  
<http://capitolriders.org>

